[Review of] HMOs: The Revolution in Health Care; What They Are, How They Work and Which One is Best for You

Robert A. Aken
University of Kentucky, robaken@uky.edu

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This overview and directory of health maintenance organizations (HMOs) covers the major types; discusses their history, present state, and future; lists 1000 HMO addresses and phones; and provides a guide to 24 information sources. The text is detailed but accessible. The directory portion, nearly half the book, will quickly be outdated by mergers and new HMOs. But Bloom is more objective than Thomas and Gloria Mayer in The Health Insurance Alternative (Perigee: Putnam, 1984), and much has changed since 1984. This book should be in all consumer collections.—Robert Aken, Univ. of Kentucky Libs., Lexington