Thymidylate Synthase Genotype-Directed Chemotherapy for Patients with Gastric and Gastroesophageal Junction Cancers

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Thymidylate Synthase Genotype-Directed Chemotherapy for Patients with Gastric and Gastroesophageal Junction Cancers

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Abstract

Background: Retrospective studies indicate associations between TSER (thymidylate synthase enhancer region) genotypes and clinical outcomes in patients receiving 5-FU based chemotherapy, but well-controlled prospective validation has been lacking.

Methods: In this phase II study (NCT00515216 registered through ClinicalTrials.gov, http://clinicaltrials.gov/show/NCT00515216), patients with “good risk” TSER genotypes (at least one TSER*2 allele) were treated with FOLFOX chemotherapy to determine whether prospective patient selection can improve overall response rates (ORR) in patients with gastric and gastroesophageal junction (GEJ) cancers, compared with historical outcomes in unselected patients (estimated 43%).

Results: The ORR in genotype-selected patients was 39.1% (9 partial responses out of 23 evaluable patients, 95% CI, 22.2 to 59.2), not achieving the primary objective of improving ORR. An encouraging disease control rate (DCR, consisting of partial responses and stable diseases) of 95.7% was noted and patients with homozygous TSER*2 genotype showed better tumor response.

Conclusions: In this first prospective, multi-institutional study in patients with gastric or GEJ cancers, selecting patients with at least one TSER*2 allele did not improve the ORR but led to an encouraging DCR. Further studies are needed to investigate the utility of selecting patients homozygous for the TSER*2 allele and additional genomic markers in improving clinical outcomes for patients with gastric and GEJ cancers.

Trial Registration: ClinicalTrials.gov NCT00515216

Introduction

Cancers of the gastric cardia, gastroesophageal junction (GEJ) and distal esophagus have been rapidly increasing in incidence in the past decades, especially in patients younger than 40 years of age [1]. Unfortunately, 80-90% of newly diagnosed patients present with regional or distant metastatic disease and even with optimal therapy, the median survival in these patients is less than 1 year and survival at 5 years is essentially zero [2,3]. Recent advances in our capacity to detect and target specific molecular lesions in cancer cells and to obtain genetic information from tumor tissues and patients allow for selection of optimal therapies, improving the outcomes for these aggressive cancers. For example, targeting HER-2 expressing gastroesophageal tumors with...
zumab led to an improvement in the survival of patients with advanced disease [4]. However, for the majority of patients selection of initial therapy remains largely empiric as most of the regimens have similar response rates and median survival [3,5]. Thus, there is a clear need for approaches that can guide treatment selection for the most effective regimens.

5-fluorouracil (5-FU) is one of the most commonly prescribed chemotherapy agents. It has demonstrated preclinical synergy with oxaliplatin in a variety of tumor types and this combination has demonstrated clear efficacy in treating patients with gastric and GEJ cancers [6–8]. Thymidylate synthase (TS, encoded by the TYMS gene) is the critical enzyme in DNA synthesis and repair and it is the primary target for 5-FU and other folate-based antimitabolites [9]. Overexpression of TS has been linked to clinical resistance to TS-targeted agents including 5-FU [10]. In turn, genetic polymorphisms involving the promoter region of the TYMS gene, specifically, the number of tandem repeat sequences in the TS enhancer region (TSER - the 28-nucleotide G/C-rich sequence in the 5'-untranslated region) have been shown to be important determinants of tumoral TS expression [11–15]. The two most common TSER alleles are the two tandem repeats (TSER*2, allelic frequency = 0.2–0.4) and the three tandem repeats (TSER*3, allelic frequency = 0.6–0.8) [15].

Retrospective studies in colorectal cancer have demonstrated that individuals with TSER*3/*3 genotype had a significantly lower response rate and poorer outcomes to 5-FU compared with those with at least one TSER*2 allele [11,16–18]. Additional retrospective analyses of TS expression or TSER genotypes in relation to clinical outcomes in patients with gastric cancers replicated these findings [19,20]. More recently, findings from the first prospective study evaluating the utility of TSER genotypes in directing neoadjuvant chemoradiation for patients with rectal carcinoma demonstrated that patients treated with 5-FU-based chemoradiation therapy according to their TSER genotypes had improved tumor downstaging [21]. Together, these studies provide ample evidence that TS expression status and/or TSER genotyping may be useful in selecting patients who are likely to respond to treatment with 5-FU or its analogues.

This Phase II study was designed to prospectively select patients with “good risk” TSER genotypes (i.e. TSER*2/*2 or *2/*3) and treat them with a standard 5-FU-based regimen (FOLFOX; 5-FU, leucovorin, oxaliplatin) in order to improve clinical outcomes in patients with gastric and GEJ cancers. The primary end point of this study was to determine whether TSER genotype-directed chemotherapy would result in an improved overall response rate (ORR, 60% or higher) compared to historical control response rates in non-genotype selected patients (estimated 43%). The secondary end points were to retrospectively assess whether other genetic variations, in particular, additional polymorphic loci in the TYMS gene and other genes involved in the disposition and response to the FOLFOX regimen would influence the response in the treated patients.

Materials and Methods

Ethics Statement

The trial was done in accordance with the Declaration of Helsinki and ICH Good Clinical Practice. The study protocol was approved by the Vanderbilt University and Washington University Institutional Review Boards and all participants provided their written informed consent to participate in this study. The study was registered through ClinicalTrials.gov (Identifier: NCT00515216). The protocol for this trial and supporting TREND checklist are available as supporting information; see Checklist S1 and Protocol S1. The trial started (first patient enrolled) in June 2008 and ended (last patient completed the clinical study) in October 2010.

Eligibility

Adult (≥18 years) patients who had histologically or cytologically confirmed adenocarcinoma of the stomach or GEJ and had received no prior therapy for metastatic disease were eligible. Subjects could have received prior neoadjuvant or adjuvant therapy as long as the disease-free interval was longer than 6 months. Eligible patients had Eastern Cooperative Oncology Group (ECOG) performance status ≤2, adequate organ and bone marrow function, and an ability to understand and willingness to sign written informed consent. Patients with known active brain metastases, HIV on anti-retroviral therapy or other uncontrolled intercurrent illnesses were excluded.

Study Design and Treatment

This was an open-label, non-randomized, investigator-initiated multi-center study involving prospective genotyping (study flow chart shown in Figure 1). Potentially eligible patients underwent a blood draw for TSER genotyping. Patients with TSER*3/*3 genotype were not included in study treatment. Patients with TSER*2/*2 or TSER*2/*3 genotypes received the modified FOLFOX-6 treatment consisting of oxaliplatin 85 mg/m2 and leucovorin, 400 mg/m2 given over 2 hours along with 5-FU 400 mg/m2 given as an intravenous push over 5 minutes, followed by 5-FU 2,400 mg/m2 given as an intravenous infusion of 46 hours. This treatment was repeated every 2 weeks in the absence of unacceptable adverse events or disease progression.

Assessment of Efficacy and Toxicity

The patients were reevaluated for response every 8 weeks. In addition to a baseline scan, confirmatory scans were performed not less than 4 weeks following initial documentation of objective response. Tumor response and progression were evaluated using Response Evaluation Criteria in Solid Tumors (RECIST). Partial
response (PR) was defined as at least 30% decrease in the sum of the longest diameter (LD) of target lesions, taking as reference the baseline sum LD. Progressive disease (PD) was defined as at least a 20% increase in the sum of the LD of target lesions, taking as reference the smallest sum LD recorded since the treatment started or the appearance of one or more new lesions. Stable disease (SD) was defined as neither sufficient shrinkage to qualify for PR nor sufficient increase to qualify for PD. Toxicities were graded according to the National Cancer Institute Common Terminology Criteria for Adverse Events (NCI-CTCAE), version 3.0. Dose modifications were made depending on the type and severity of toxicities observed.

**Retrospective Genotyping Analyses**

Retrospective genotyping analyses by restriction fragment length polymorphism (RFLP) were performed for two additional loci in the *TMY* gene (G>C SNP within the second 28-bp tandem repeat of the 3R allele, rs34743033; 1494delTTAAAG in the 3’-UTR, rs34489327) and five loci in additional genes reported to be associated with response and toxicity to the FOLFOX regimen (*ERCC1*, c.354C>T, rs11615; *ERCC2*, c.2251A>C, rs13181; *GSTP1*, c.313A>G, rs1695; *XRCC1*, c.1196G>A, rs25487; and *MDR1*, c.3435C>T, rs1045642). Briefly, regions encompassing the respective polymorphisms were PCR amplified (Platinum PCR Supermix, Invitrogen) and subjected to restriction enzyme digest to yield the diagnostic fragmentation patterns (detailed conditions provided in Table S1 in File S1) [13,22–30]. The digested and undigested products from each patient sample were visualized on 3% agarose gel along with positive controls whose genotypes were verified by direct sequencing.

**Statistical Analyses**

The primary objective of this study was to test whether selection of patients according to *TSER* genotypes would improve treatment response rates compared to the response rates previously reported in an unselected population. Sample size estimation was based on the assumed response rate of 43% with this regimen in an unselected population and improving the response rate to a minimum of 60% based on the retrospective data [19,20]. An Optimum MinMax two-stage accrual design was employed [31]. In the initial step, 45 eligible patients were to be entered into the study, with a final accrual goal of 75 if ≥20 responses were observed in the first group. This design provides 90% statistical power to detect a difference of 17% with a two-sided significance level of <0.05. Unfortunately, the current study had to be terminated earlier than the initial stopping point due to insufficient funding. For 23 patients evaluated for tumor responses, univariate associations between genotypes and tumor response (PR and SD) were evaluated using Fisher’s exact test. Overall survival (OS) and progression free survival (PFS) were analyzed using Kaplan-Meier models and associations between genotypes and patient survival were assessed using log-rank tests. No sub-analyses were performed for potential associations between genotypes and toxicities since they were not pre-specified in our analysis plans. All statistical analyses were performed using R package (version 3.0.2).

**Results**

**Patient characteristics**

Patient baseline characteristics are listed in Table 1. Between June 2008 and October 2010, 42 patients with gastric and GEJ cancers were screened for their *TSER* genotypes; 26 patients (63.4%) had good risk genotypes (*TSER*/*2/*2 or */2/*3) and enrolled onto the trial. One patient with a good risk genotype withdrew consent and was not treated on study. The majority of patients had gastric cancer (73%) and good performance status (69% ECOG PS of 1 or better). The median age of the participants was 56 years and a majority (62%) was male.

**Treatment and toxicities**

Twenty five patients received at least one dose of study treatment with the modified FOLFOX-6 regimen. A total of 128 cycles were administered, with a median of 5.5 cycles per patient (range, 0.5–15 cycles). The occurrence and the incidence of the main toxicities are reported in Table 2. The toxicities experienced by the study participants were within the expected range for patients receiving treatment with FOLFOX. The most common toxicities were hematologic with grade 3 and 4 neutropenia, leukopenia and anemia recorded in 8 out of 25 (32%), 4 out of 25 (16%), and one out of 25 (4%) patients, respectively. Only two out of 25 patients experienced grade 3 gastrointestinal toxicity and no participants had grade 4 gastrointestinal toxicity. Neurotoxicity was common and was observed in 44% (grade 1 in 20%, grade 2 in 16% and grade 3 in 8%) of the patients. Fatigue was also common and was observed in 32% (grade 1 in 40%, grade 2 in 4% and grade 3 in 8%) of the patients. No treatment-related deaths were reported.

**Response to FOLFOX regimen, recurrence and survival and *TSER* genotypes**

Response to the modified FOLFOX-6 regimen in the 23 evaluable patients is shown in Table 3. Nine patients experienced PR and no patient experienced complete response (CR), making the overall response rate (CR+PR) to be 39.1% (95% confidence interval (CI), Wilson), 22.2 to 59.2). When tumor responses are compared between the two *TSER* genotype groups, patients with the *TSER*/*2/*2 genotype experienced a greater frequency of PR and a less frequency of SD compared to those with the *TSER*/*3/*3 genotype (p = 0.02, Fisher’s exact test, Table 3). On the other hand, only one out of 23 patients experienced PD, for an observed disease control rate (CR+PR+SD) of 95.7% (95% CI, 97.0 to 99.2). OS and PFS plots for the enrolled patients are shown in Figure 2. Median values for OS and PFS were 11.4 months (95% CI, 6.3 to 16.3) and 6.2 months (95% CI, 5.2 to 8.6), respectively. For both OS and PFS, patients with the *TSER*/*2/*2 genotype had a trend towards an improvement in median OS and PFS in comparison to those patients with the *TSER*/*2/*3 genotype (Figure 3, OS, 20.9 vs 11.4 months; PFS, 10.2 vs 6.0 months).

**Potential associations between tumor response and retrospectively analyzed genetic variations**

For 21 patients, the retrospective analyses for additional genotypes reported to be associated with treatment responses were completed (the genotypic and allelic frequencies of the interrogated variations are summarized in Table S2 in File S1). Of note, the frequency of *TSER*/*2* allele is higher in our current study than those reported in the literature since the patients with the *TSER*/*3/*3 genotype were excluded in this study. When the two additional loci in the *TMY* genes (rs34743033 and rs34489327) were assessed for their potential association with tumor response (PR vs SD), the results did not indicate any statistically significant association (Table 4). Among the five additional genotypes analyzed, two genetic variations in the *XRCC1* (c.1196G>A, rs25487) and *MDR1* (c.3435C>T, rs1045642) genes displayed a trend supportive of their potential association with tumor response...
However, no apparent association was observed when OS and PFS times were compared among the groups with differing genotypes at the five loci (Table S3 in File S1).

Discussion

This clinical study is unique in that we for the first time applied the strategy of prospectively assessing TSER genotypes to improve clinical outcomes in gastric and GEJ cancers. Our initial hypothesis was that selection of patients with good risk TSER genotypes would improve the response rate for FOLFOX to 60%, a 17% increase over the historic control response rate of 43% observed in non-genotype selected patients. The observed response rate in this study was 39.1% (9 PR out of 23 patients evaluable for tumor response, 95% CI 22.2 to 59.2), not achieving the primary study endpoint. The median OS and PFS times of 11.3 and 6.2 months in patients with good risk TSER genotypes were also comparable to those reported in non-genotype selected populations (Figure 2). Although the observed response rate did not support the utility of TSER genotyping as a treatment selection guide, it should also be noted that the enrolled patients experienced a very promising disease control rate of 95.7% (9 PR and 13 SD out of 23 patients), higher than those reported in the literature [32-36]. The high disease control rate in the current study may provide the first prospectively obtained evidence for the utility of TSER genotyping in improving clinical outcomes in patients with gastric and GEJ cancers.

The apparent lack of treatment outcome improvement in patients with good risk TSER genotypes may be related to the small number of patients enrolled in the current study, therefore necessitating further validation of this approach in a larger clinical trial. It should be however noted that we observed a very encouraging response rate of 83.3% in patients with the homozygous TSER*2/*2 genotype (5 out of 6 patients experienced PR). This observation was from a very small number of patients, but it suggests that the improvement in clinical outcomes in patients with gastric and GEJ cancers may require selection of patients with two TSER*2 alleles. Alternatively, the current findings may be related to the presence of multiple molecular/genetic factors contributing to chemotherapy response. Strategies involving more than one host and tumoral markers will likely be more successful in guiding therapeutic decision making. Currently we cannot rule out the possibility that TSER genotypes may have prognostic value, independent of therapy, in patients with gastric and GEJ cancers as previously reported in patients with colorectal cancer [37,38]. Consideration of the above-mentioned aspects will be important in the design of future clinical trials which can evaluate multifactorial treatment selection approaches in a larger number of patients.

The findings from another prospective study with selection of patients on the basis of TSER genotypes have been recently reported in rectal cancer patients receiving neoadjuvant chemoradiation (n = 135) [21]. In this particular study, patients with good risk TSER genotypes (at least one TSER*2 allele) were treated with standard 5-FU-based chemoradiation. Patients with good risk genotypes had higher rates of downstaging and pathologic complete response than reported in unselected populations. Patients with poor risk TSER genotypes (harboring no TSER*2 allele) were treated with irinotecan in addition to 5-FU-based...
### Table 2. Toxicities observed in the treated patients (n = 25).

<table>
<thead>
<tr>
<th>Toxicity</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No</td>
<td>%</td>
<td>No</td>
<td>%</td>
</tr>
<tr>
<td>Leukopenia (total WBC)</td>
<td>4</td>
<td>16</td>
<td>5</td>
<td>20</td>
</tr>
<tr>
<td>Neutropenia</td>
<td>3</td>
<td>12</td>
<td>2</td>
<td>8</td>
</tr>
<tr>
<td>Lymphopenia</td>
<td>3</td>
<td>12</td>
<td>4</td>
<td>16</td>
</tr>
<tr>
<td>Anemia</td>
<td>13</td>
<td>52</td>
<td>6</td>
<td>24</td>
</tr>
<tr>
<td>Thrombocytopenia</td>
<td>9</td>
<td>36</td>
<td>3</td>
<td>12</td>
</tr>
<tr>
<td>Nausea</td>
<td>12</td>
<td>48</td>
<td>2</td>
<td>8</td>
</tr>
<tr>
<td>Vomiting</td>
<td>3</td>
<td>12</td>
<td>3</td>
<td>12</td>
</tr>
<tr>
<td>Diarrhea</td>
<td>8</td>
<td>32</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Mucositis/stomatitis</td>
<td>3</td>
<td>12</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>Taste alteration (dysgeusia)</td>
<td>8</td>
<td>32</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Vision-blurred vision</td>
<td>3</td>
<td>12</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Allergic reaction/hypersensitivity</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>Rash: hand-foot skin reaction</td>
<td>2</td>
<td>8</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>AST, SGOT</td>
<td>8</td>
<td>32</td>
<td>2</td>
<td>8</td>
</tr>
<tr>
<td>ALT, SGPT</td>
<td>10</td>
<td>40</td>
<td>2</td>
<td>8</td>
</tr>
<tr>
<td>Neuropathy: sensory</td>
<td>5</td>
<td>20</td>
<td>4</td>
<td>16</td>
</tr>
<tr>
<td>Fatigue (asthenia, lethargy, malaise)</td>
<td>10</td>
<td>40</td>
<td>1</td>
<td>4</td>
</tr>
</tbody>
</table>
Patients in the poor risk groups receiving additional therapies also showed higher rates of downstaging and pathologic complete response than those for unselected population. This study [21] however did not address whether patients in the poor risk group would have had poorer clinical outcomes if they had not received additional irinotecan therapy. Nevertheless, these findings certainly support the utility of this single genotype-based strategy in improving the clinical outcomes of rectal cancer patients.

Table 3. Tumor responses to the FOLFOX regimen in patients of differing TSER genotypes.

<table>
<thead>
<tr>
<th>Tumor response</th>
<th>TSER genotypes</th>
<th>P-value*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>TSER*2/*2 (n = 6)</td>
<td>TSER*2/*3 (n = 17)</td>
</tr>
<tr>
<td>No</td>
<td>%</td>
<td>No</td>
</tr>
<tr>
<td>PD (n = 1)</td>
<td>0 0.0</td>
<td>1  5.9</td>
</tr>
<tr>
<td>PR (n = 9)</td>
<td>5 83.3</td>
<td>4  23.5</td>
</tr>
<tr>
<td>SD (n = 13)</td>
<td>1 16.7</td>
<td>12 70.6</td>
</tr>
</tbody>
</table>

PD, progressive disease; PR, partial response; SD, stable disease.

*Calculated using Fisher’s exact test for the association between response (PR and SD) and TSER genotype.

doi:10.1371/journal.pone.0107424.t003

Figure 2. Kaplan-Meier curves showing overall survival (A) and progression free survival (B) with 95% confidence intervals (CI) in the patients enrolled.
doi:10.1371/journal.pone.0107424.g002

Figure 3. Kaplan-Meier curves showing overall survival (A) and progression free survival (B) according to TSER genotypes.
doi:10.1371/journal.pone.0107424.g003
No improvement in the overall response rate from this study echo the inconsistent results observed in previous studies utilizing TSER genotyping in treating patients with gastric and esophageal cancers [6,39–41]. Less than expected response rates in our current study as well as other previously reported retrospective studies may be explained by the potential effect of oxaliplatin on tumoral TS expression. The clinical synergy of combining 5-FU with oxaliplatin is well documented and is key to the success and frequent use of this combination regimen [42–44]. One proposed explanation for this synergy is oxaliplatin-induced TS downregulation by as yet unexplained mechanisms [45,46]. If oxaliplatin were to cause tumoral TS downregulation or any potential molecular changes influencing tumor response, any benefits from pretreatment TSER genotyping may have been obscured in our current study. Interestingly, some in vitro studies also indicate that irinotecan may also decrease TS activities and protein levels where irinotecan could overcome 5-FU resistance in tumors [47,48]. These observations could help to explain the favorable response results in the “poor risk” patients who received irinotecan in the Tan et al. study [21]. However, our current study design of a single arm (patients with the favorable TSER genotypes only) does not allow us to gather treatment outcome for patients with the unfavorable TSER genotypes. Our initial study design was indeed two-armed (favorable vs. unfavorable TSER genotypes). But, the reviewers in the NIH study section recommended that we revise our study to be single armed for patients with favorable TSER genotypes given the patient numbers and other resources available. In future clinical trials, it would be certainly interesting to prospectively compare treatment outcomes of patients with favorable and unfavorable TSER genotypes.

Retrospective analyses for two additional TYMS genotypes showed no significant association with tumor response (Table 4). For additional non-TYMS genes analyzed, XRCC1 (c.1196G>A, rs25487) and MDR1 (c.3435C>T, rs1045642) showed a potential association to tumor response (Table 4). We performed these analyses based on the previous findings on the potential association between these genotypes and clinical outcomes in colorectal cancer patients treated with FOLFOX [24,29,40]. However, we did not observe any strong association between the tested genotypes and tumor response, except a trend reflective of...
potential associations for XRCC1 and MDR1. Similar negative results have been reported from retrospective analyses of TYMS and non-TYMS genotypes in relation to the histopathological tumor responses in patients with gastric and esophageal cancers [39,41,49]. Interestingly, the polymorphisms in XRCC1 and MDR1 have been associated with clinical outcomes in gastric and colorectal cancer [24,50]. Further investigation in larger clinical trials is warranted to determine whether our current findings are indicative of varying impact of the tested genotypes in different tumor types.

In summary, our strategy to improve response rates in patients with gastric and GEJ cancers by pretreatment TSER genotyping was unsuccessful, but even in the setting of some limitations of our current study the high disease control rate was encouraging. The future applicability of a single polymorphism strategy to guide therapy selection, while feasible and attractive, does not appear to yield results of sufficient impact to be generally applicable. Our approach may aid in selecting patients who require chemotherapy intensification to achieve favorable results by adding oxaliplatin or irinotecan and avoid chemotherapy toxicities in those who may have a favorable outcome with 5-FU alone. The contemporary confluence of our capacity to molecularly target cancers and the advancement of our ability to characterize patients and their cancers using molecular genetics will allow for multiple variables to be considered and applied towards improvements in cancer care. TYMS polymorphism status does not appear to be a singularly important treatment selection factor, but it may be a key contributor to favorable outcomes in a multivariable genomically based therapeutic approach.

Supporting Information

File S1 Supporting Tables. (DOCX)

Checklist S1 TREND Checklist. (PDF)

Protocol S1 Trial Protocol. (PDF)

Acknowledgments

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Author Contributions

Conceived and designed the experiments: ACL WL HLM. Performed the experiments: LWG BT ACL JDB JBM AWG NT BZ WL CF. Analyzed the data: LD WL LWG ACL. Contributed reagents/materials/analysis tools: LD. Contributed to the writing of the manuscript: LWG NT EC BRT DBC HLM JDB WL ACL.

References


