

Table S1. Correlations among key study variables

	W1 Urg	W2 Urg	W3 Urg	W1 Drink	W2 Drink	W3 Drink	W1 Smoke	W2 Smoke	W3 Smoke	W1 Binge	W2 Binge	W3 Binge	W1 Dep	W2 Dep
W1 Urg														
W2 Urg	.49**													
W3 Urg	.33**	.47**												
W1 Drink	.23**	.18**	.16**											
W2 Drink	.15**	.24**	.18**	.39**										
W3 Drink	.19**	.22**	.33**	.26**	.34**									
W1 Smoke	.24**	.14**	.11**	.43**	.26**	.18**								
W2 Smoke	.17**	.23**	.17**	.27**	.54**	.26**	.34**							
W3 Smoke	.20**	.25**	.30**	.23**	.27**	.54**	.21**	.35**						
W1 Binge	.23**	.15**	.10**	.13**	.06**	.03	.09**	.07**	.05*					
W2 Binge	.15**	.19**	.15**	.05*	.16**	.05*	-.02	.08**	.09**	.20**				
W3 Binge	.12**	.11**	.22**	.08**	.10**	.24**	.04	.04	.17**	.12**	.29**			
W1 Dep	.42**	.28**	.21**	.14**	.10**	.08**	.14**	.11**	.16**	.24**	.15**	.06**		
W2 Dep	.25**	.49**	.27**	.11**	.23**	.12**	.08**	.22**	.20**	.14**	.21**	.07**	.38**	
W3 Dep	.22**	.29**	.42**	.08**	.12**	.29**	.07**	.13**	.33**	.11**	.18**	.21**	.28**	.39**

Note: $n = 1,906$. W1 = Wave 1. Urg = Urgency; Dep = Depression. Wave 1 Drink, Smoke, and Binge are all dichotomous variables. * = $p < .05$, ** = $p < .01$.

Table S2. Descriptive statistics for other impulsivity-related variables at all waves

	Wave 1	Wave 2	Wave 3
Lack of Planning	mean = 2.01 SD = 0.55	mean = 2.14 SD = 0.57	mean = 2.23 SD = 0.53
Lack of Perseverance	mean = 2.04 SD = 0.48	mean = 2.03 SD = 0.53	mean = 2.16 SD = 0.54
Sensation Seeking	mean = 2.63 SD = 0.70	mean = 2.71 SD = 0.71	mean = 2.67 SD = 0.70

Note. SD = standard deviation. n = 1906.