

Supplemental Schematic: Timing of Observations for Hormone-Drinking Analyses

| | STUDY DAY | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|--|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| 1 | HORMONE OBSERVATION DAY | A ₁ | | B ₁ | | C ₁ | | D ₁ | | E ₁ | |
| 2 | ALCOHOL OUTCOME DAY | | A ₂ | | B ₂ | | C ₂ | | D ₂ | | E ₂ |
| 3 | DAY of ALCOHOL USE QUESTIONNAIRE RESPONSE ("How many drinks did you have yesterday?") | | | A ₃ | | B ₃ | | C ₃ | | D ₃ | |

Hormone Levels Analyses. Data collected for alcohol consumption was collected in the morning on day A₃ regarding alcohol use during the previous 24-hour period (A₂). This results in a one day lag between the predictor of person-standardized hormone level (A₁) and the outcome of alcohol consumption (A₂).