University of Kentucky UKnowledge

**Psychology Faculty Publications** 

Psychology

11-1-2017

### A Pilot Study of Loss Aversion for Drug and Non-Drug Commodities in Cocaine Users

Justin Charles Strickland University of Kentucky, justrickland@uky.edu

Joshua S. Beckmann University of Kentucky, joshua.beckmann@uky.edu

Craig R. Rush University of Kentucky, crush2@uky.edu

William W. Stoops University of Kentucky, wwstoo0@email.uky.edu

Follow this and additional works at: https://uknowledge.uky.edu/psychology\_facpub

Part of the Psychology Commons, and the Substance Abuse and Addiction Commons Right click to open a feedback form in a new tab to let us know how this document benefits you.

#### **Repository Citation**

Strickland, Justin Charles; Beckmann, Joshua S.; Rush, Craig R.; and Stoops, William W., "A Pilot Study of Loss Aversion for Drug and Non-Drug Commodities in Cocaine Users" (2017). *Psychology Faculty Publications*. 172. https://uknowledge.uky.edu/psychology\_facpub/172

This Article is brought to you for free and open access by the Psychology at UKnowledge. It has been accepted for inclusion in Psychology Faculty Publications by an authorized administrator of UKnowledge. For more information, please contact UKnowledge@lsv.uky.edu.

## A Pilot Study of Loss Aversion for Drug and Non-Drug Commodities in Cocaine Users

Digital Object Identifier (DOI)

https://doi.org/10.1016/j.drugalcdep.2017.08.020

#### **Notes/Citation Information**

Published in Drug and Alcohol Dependence, v. 180, p. 223-226.

© 2017 Elsevier B.V. All rights reserved.

This manuscript version is made available under the CC-BY-NC-ND 4.0 license https://creativecommons.org/licenses/by-nc-nd/4.0/.

The document available for download is the author's post-peer-review final draft of the article.



## **HHS Public Access**

Author manuscript *Drug Alcohol Depend.* Author manuscript; available in PMC 2018 November 01.

Published in final edited form as:

Drug Alcohol Depend. 2017 November 01; 180: 223–226. doi:10.1016/j.drugalcdep.2017.08.020.

# A pilot study of loss aversion for drug and non-drug commodities in cocaine users

Justin C. Strickland<sup>a</sup>, Joshua S. Beckmann<sup>a</sup>, Craig R. Rush<sup>a,b,c</sup>, and William W. Stoops<sup>a,b,c</sup> <sup>a</sup>Department of Psychology, University of Kentucky College of Arts and Sciences, 110 Kastle Hall Lexington, KY 40506-0044, USA

<sup>b</sup>Department of Behavioral Science, University of Kentucky College of Medicine, 1100 Veterans Drive, Medical Behavioral Science Building Room 140, Lexington, KY 40536-0086, USA

<sup>c</sup>Department of Psychiatry, University of Kentucky College of Medicine, 3470 Blazer Parkway, Lexington, KY 40509-1810, USA

#### Abstract

**Background**—Numerous studies in behavioral economics have demonstrated that individuals are more sensitive to the prospect of a loss than a gain (i.e., loss aversion). Although loss aversion has been well described in "healthy" populations, little research exists in individuals with substance use disorders. This gap is notable considering the prominent role that choice and decision-making play in drug use. The purpose of this pilot study was to evaluate loss aversion in active cocaine users.

**Methods**—Current cocaine users (N = 38; 42% female) participated in this within-subjects laboratory pilot study. Subjects completed a battery of tasks designed to assess loss aversion for drug and non-drug commodities under varying risk conditions. Standardized loss aversion coefficients ( $\lambda$ ) were compared to theoretically and empirically relevant normative values (i.e.,  $\lambda = 2$ ).

**Results**—Compared to normative loss aversion coefficient values, a precise and consistent decrease in loss aversion was observed in cocaine users (sample  $\lambda \approx 1$ ). These values were observed across drug and non-drug commodities as well as under certain and risky conditions.

Author Disclosure

Contributors

#### **Conflict of interest**

The authors have no financial conflicts of interest in regard to this research

Correspondence: William W. Stoops, 140 Medical Behavioral Science Building, Lexington, KY 40536-0086, william.stoops@uky.edu, Phone: 859-257-5383, Facsimile: 859-257-7684.

These data were collected as a part of the first author's Master's thesis. J.C. Strickland, W.W. Stoops, C.R. Rush, and J.S. Beckmann developed the study concept and data collection measures. Data were collected by J.C. Strickland, J.C. Strickland performed the data analysis and interpretation under the guidance of W.W. Stoops, J.C. Strickland drafted the initial manuscript and all authors provided critical reviews. All authors approved the final version of the manuscript for submission.

**Publisher's Disclaimer:** This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

**Conclusions**—These data represent the first systematic study of loss aversion in cocaine-using populations and provide evidence for equal sensitivity to losses and gains or loss equivalence. Futures studies should evaluate the specificity of these effects to a history of cocaine use as well as the impact of manipulations of loss aversion on drug use to determine how this phenomenon may contribute to intervention development efforts.

#### Keywords

Behavioral Economics; Drug; Gamble; Prospect Theory

#### 1. Introduction

The application of behavioral economics to drug use has advanced addiction science (Bickel et al., 2014; Hursh and Roma, 2013; MacKillop, 2016). For example, research on delay discounting has informed the etiology of substance use disorders and intervention efforts (Bickel et al., 2012, 2017; Washio et al., 2011). Exploration of other behavioral economic principles not traditionally studied in substance use may provide insight into the origins and persistence of maladaptive patterns of drug taking.

Loss aversion has received extensive attention in behavioral economics (Novemsky and Kahneman, 2005). Numerous studies have demonstrated that, all things being equal, losses tend to have a greater impact on behavior than gains as represented by the standardized coefficient, lambda ( $\lambda$ ) (Kahneman and Tversky, 1979; Tversky and Kahneman, 1991, 1992). Although this relationship may differ across paradigms and environmental contexts, this literature highlights the importance of framing outcomes as losses or gains on subsequent decision-making.

Few studies have examined loss aversion in clinical populations and even fewer have evaluated individuals with a substance use disorder. The primary method used to evaluate loss aversion in substance use is computational modeling of Iowa Gambling Task (IGT) performance. These studies have found that IGT performance is consistent with decreased loss aversion (e.g., Ahn et al., 2014; Fridberg et al., 2010; Vassileva et al., 2013). However, reliance on indirect methods not traditionally applied in behavioral economics makes comparisons across disciplines difficult. The lack of studies examining ecologically relevant drug commodities is also a limitation. This pilot study examined loss aversion in active cocaine users using a multi-method test battery that varied in risk and the commodity available (drug and non-drug).

#### 2. Materials and Methods

#### 2.1 Subjects

Thirty-eight subjects participated in this within-subjects study (Table 1). Recruitment included formal advertisement, community flyers, and word of mouth. All subjects underwent comprehensive screening (see Stoops et al., 2010). Diagnostic criteria for cocaine use disorder were assessed using the computerized Structured Clinical Interview for DSM-IV. All subjects were non-treatment seeking and reported cocaine use verified by urinalysis.

#### 2.2 Procedure

Subjects had to provide an expired air sample negative for alcohol and a urine specimen negative for all substances except cocaine and THC prior to participation. Subjects could proceed if THC positive, but had to pass a standard field sobriety test to ensure they were not acutely intoxicated. Sessions took approximately one hour. Subjects were provided \$30 at study onset for use in behavioral tasks. One choice from the non-drug valuation task was randomly selected and subjects received money, the commodity, or nothing depending on their decisions. Subjects were also told to respond carefully on the mixed gambles and risk aversion tasks because one trial from each would be randomly selected and compensation provided (or lost) based on that trial. In actuality, all subjects received \$10 for these tasks. Subjects were informed of task outcomes at the end of the session to avoid differential responses based on the results. All drug commodities were hypothetical and no cocaine was received. This study was approved by the Institutional Review Board of the University of Kentucky and conducted in accordance with the Declaration of Helsinki.

#### 2.3 Behavioral Measures

**2.3.1 Valuation Task**—A valuation task was used to determine loss aversion under certain conditions (Gachter et al., 2007; Kahneman et al., 1990). In the "Willingness-to-Accept" (WTA) condition, subjects were given a commodity (e.g., a mug) and asked to indicate the price(s) at which they would be willing to sell the commodity. The "Willingness-to-Purchase" (WTP) condition was identical except that subjects were shown the commodity and asked at what price(s) they would purchase it. Price ranges were \$0.50 to \$10 in \$0.50 increments. In a novel cocaine valuation task, subjects were asked to make hypothetical decisions about purchasing or selling 1 g of cocaine for prices ranging from \$10 to \$200 in \$10 increments. All other procedures were identical. Presentation order for WTA and WTP conditions was counterbalanced with approximately 30 minutes between tasks. The primary outcome was the WTA/WTP ratio ( $\lambda$ ; Novemsky and Kahneman, 2005).

**2.3.2 Mixed Gambles Task**—A mixed gambles task was used to determine loss aversion under uncertain conditions (Tom et al., 2007). Subjects were asked if they would accept gambles offering a 50/50 chance of winning or losing variable monetary amounts. Gains ranged from \$10 to \$40 in \$2 increments, whereas losses ranged from \$5 to \$20 in \$1 increments. These ranges were selected based on the original task variant (Tom et al., 2007). A novel cocaine version was used with identical procedures, but presenting hypothetical gains and losses of 0.2 to 2.0 g of cocaine in 0.2 g increments. The primary outcome was  $\lambda$ , calculated as  $\lambda = -\beta_{loss}/\beta_{gain}$  derived from the logistic regression of gain and loss magnitude on trial choice. Nine subjects were excluded because of model non-convergence (Money Task = 2; Cocaine Task = 4; Both Tasks = 3). In general, this reflected a propensity to accept every or nearly every gamble.

**2.3.3 Risk Aversion Task**—A risk aversion task measured general aversion towards outcome variability. Subjects were presented with 11 double or nothing gambles ranging from \$2 to \$50. Previous studies have used this measure to account for general aversion to risk over specific aversion to loss (De Martino et al., 2010).

#### 2.4 Data Analysis

One-sample *t*-tests were used to determine if  $\lambda$  differed from a population normative value of 2. This number was selected because it is the value proposed by theoretical accounts of loss aversion in non-clinical (i.e., normative) populations (Kahneman and Tversky, 1979; Novemsky and Kahneman, 2005; Tversky and Kahneman, 1992). This value also lies within the ranges described by meta-analyses on WTP/WTA disparities (Neumann and Böckenholt, 2014; Sayman and Öncüler, 2005; Tunçel and Hammitt, 2014). Sensitivity analyses were conducted using a lower threshold suggested by one meta-analysis (1.49; Neumann and Böckenholt, 2014). Confidence intervals and individual data were evaluated for precision and margin of difference.

Risk, Commodity, and Risk x Commodity effects were evaluated using linear mixed-effects models in the *lme4* package of R (Bates et al., 2015). Risk aversion and task order were included as covariates.

#### 3. Results

#### 3.1 Valuation Task

Figure 1 shows  $\lambda$  values for valuation tasks (i.e., black circles) and normative value comparators (i.e., dotted lines). Similar magnitude prices for selling (WTA) and buying (WTP) were observed, specified by  $\lambda$  values of approximately 1. One-sample *t*-tests indicated that  $\lambda$  values for the mug, p < .001, d = 1.13, and cocaine, p < .001, d = 1.48, were significantly lower than a normative value of 2. Similar outcomes were observed with a conservative threshold of 1.49, p values < .01. Confidence intervals indicated precision and individual subject data supported the consistency of this estimate, with a majority of subjects clustering around the value of 1.

Analyses using only the first task completed supported these conclusions. These tests did not reveal significant between-subject differences in prices for selling and buying conditions, Mug p = .49; Cocaine p = .55. Similar magnitude  $\lambda$  values were also observed when computed using median WTA and WTP values from this first-task only subset,  $\lambda$ : Mug = 1.20; Cocaine = 1.17.

#### 3.2 Mixed Gambles Task

Mean gamble acceptance rates were 65.5% (SD = 27.0%) for money and 47.8% (SD = 24.0%) for cocaine. Figure 1 shows  $\lambda$  values on the gambles tasks (i.e., white squares). Subjects were equally sensitive to losses and gains, reflected by  $\lambda$  values of approximately 1. One-sample *t*-tests supported this conclusion indicating a significant difference from 2 for money, p < .001, d = 1.53, and cocaine, p < .001, d = 1.55. Similar outcomes were observed when comparing to 1.49, p values < .01. Confidence intervals indicated estimate precision and individual subject data supported consistency.

#### 3.3 Risk and Commodity Effects

No significant Risk, Commodity, or Risk by Commodity effects were observed, p values > . 29. Risk aversion and task order were also not significant covariates, p values > .28.

#### 3.4 Individual Differences

Loss aversion across all tasks was not related to income, ZKPQ-Impulsivity Subscale, DAST scores, risk aversion, or Cocaine Dependence, p values > .08.

#### 4. Discussion

Cocaine users showed a reliable reduction in loss aversion when compared to theoretically and empirically relevant normative values. This loss equivalence, as indicated by  $\lambda$  of 1, was consistent across risk and commodity type. These data represent the first study on multiple dimensions of loss aversion in a substance-using population and suggest that reductions in loss aversion are associated with a history of cocaine use.

A control group was not examined in this pilot study. Nevertheless, large and significant differences were observed when comparing our sample to a normative value of 2 as well as a lower threshold value. This uniform response to gains and losses stands in contrast to a rich behavioral economic literature demonstrating that losses generally have a greater impact on behavior than gains (Tversky and Kahneman, 1991, 1992). The use of theoretically relevant and empirically supported normative values is important given the general failure to consider such population normative comparisons when evaluating cognitive-behavioral processes in substance-using populations (Hart et al., 2012). It is possible, however, that loss aversion is epiphenomenally related to other primary causal agent(s) associated with substance use (Galea and Vlahov, 2002; Gilman et al., 2003) and lower SES may be correlated with lower loss aversion (Gachter et al., 2007). Individual difference variables were not related to loss aversion. However, these outcomes may reflect sample homogeneity rather than population level relationships. Future studies specifically designed to investigate individual differences are needed to clarify these results.

A substantial proportion of data were excluded from the mixed gambles task due to problems with model convergence. Non-convergence occurred in most cases due to acceptance of every or nearly every gamble, which could be indicative of task confusion. These data could also indicate an extreme decrease in loss aversion in which any loss is ineffective for changing behavior. These gambling tasks differed in price range and qualitative nature (i.e., dollars versus grams). It is possible that a wider range of loss values would have produced higher rates of systematic responding. However, a recent study found that the gain/loss ranges used could influence  $\lambda$  (Walasek and Stewart, 2015). We selected those parameters that mostly closely resembled the original task for this pilot purpose. This range also produced loss aversion in the aforementioned study ( $\lambda = 1.79$ ; Walasek and Stewart, 2015) as well as other demonstrations of loss aversion in healthy participants ( $\lambda =$ 1.93; Tom et al., 2007). Thus, it is unlikely that the loss equivalence observed was due to this procedural variation. Another possibility is that some subjects showed extreme rates of gambling due to differential perceptions of the endowment received given that greater rates of risk-taking can occur following profits (i.e., "house money effect"; Thaler and Johnson, 1990). The findings collectively suggest that future research should investigate methodological parameters designed to increase rates of systematic data, such as additional

Strickland et al.

Prospect theory and loss aversion were developed to explain deviations from choices guided by expected utility (Kahneman and Tversky, 1979). We observed behavior operating under conditions more consistent with expected utility hypotheses, namely an equal sensitivity to gains and losses under a variety of experimental conditions. Such decisions based on expected utility may be advantageous under certain contexts (e.g., investing). However, loss equivalence may also be harmful in other situations, such as when attention is needed to the consequences of drug use. In this way, rigid loss aversion may represent a behavioral mechanism underlying disadvantageous choice characteristic of substance use and incorporating strategies to shift loss aversion in a context-dependent manner may help modify undesirable drug-taking behavior. This possibility is not unwarranted given that loss aversion is sensitive to cognitive-regulation strategies (Sokol-Hessner et al., 2009). Research examining the functional relationship between loss aversion and substance use will be crucial for informing loss aversion's role in intervention development efforts.

#### Acknowledgments

#### **Role of Funding Source**

This work was supported by grant number R21 DA035376 (WWS) from the National Institute on Drug Abuse and grant number 1247392 (JCS) from the National Science Foundation. These funding sources had no role in study design, data collection and analysis, or preparation and submission of the manuscript.

#### References

- Ahn WY, Vasilev G, Lee SH, Busemeyer JR, Kruschke JK, Bechara A, Vassileva J. Decision-making in stimulant and opiate addicts in protracted abstinence: Evidence from computational modeling with pure users. Front Psychol. 2014; 5:849.doi: 10.3389/fpsyg.2014.00849 [PubMed: 25161631]
- Bates D, Maechler M, Bolker B, Walker S. Fitting linear mixed-effects models using lme4. J Stat Softw. 2015; 67:1–48. DOI: 10.18637/jss.v067.i01
- Bickel WK, Jarmolowicz DP, Mueller ET, Koffarnus MN, Gatchalian KM. Excessive discounting of delayed reinforcers as a trans-disease process contributing to addiction and other disease-related vulnerabilities: Emerging evidence. Pharmacol Ther. 2012; 1343:287–297. DOI: 10.1016/j.pharmthera.2012.02.004
- Bickel WK, Johnson MW, Koffarnus MN, MacKillop J, Murphy JG. The behavioral economics of substance use disorders: Reinforcement pathologies and their repair. Annu Rev Clin Psychol. 2014; 10:641–677. DOI: 10.1146/annurev-clinpsy-032813-153724 [PubMed: 24679180]
- Bickel, WK., Stein, JS., Moody, LN., Snider, SE., Mellis, AM., Quisenberry, AJ. Toward narrative theory: Interventions for reinforcer pathology in health behavior. In: Stevens, JR., editor. Impulsivity: How time and risk influence decision making. Springer International Publishing; Switzerland: 2017. p. 227-267.
- De Martino B, Camerer CF, Adolphs R. Amygdala damage eliminates monetary loss aversion. Proc Natl Acad Sci USA. 2010; 1078:3788–3792. DOI: 10.1073/pnas.0910230107
- Fridberg DJ, Queller S, Ahn WY, Kim W, Bishara AJ, Busemeyer JR, Porrino L, Stout JC. Cognitive mechanisms underlying risky decision-making in chronic cannabis users. J Math Psychol. 2010; 541:28–38. DOI: 10.1016/j.jmp.2009.10.002
- Gachter S, Johnson EJ, Herrmann A. Individual-level loss aversion in riskless and risky choices. Institute for the Study of Labor Discussion Paper No. 2961. 2007:1–23.
- Galea S, Vlahov D. Social determinants and the health of drug users: Socioeconomic status, homelessness, and incarceration. Public Health Rep. 2002; 117:S135–S145. [PubMed: 12435837]

Strickland et al.

- Gilman SE, Abrams DB, Buka SL. Socioeconomic status over the life course and stages of cigarette use: Initiation, regular use, and cessation. J Epidemiol Comm Health. 2003; 57:802–808. DOI: 10.1136/jech.57.10.802
- Hart CL, Marvin CB, Silver R, Smith EE. Is cognitive functioning impaired in methamphetamine users? A critical review. Neuropsychopharmacol. 2012; 373:586–608. DOI: 10.1038/npp.2011.276
- Hursh SR, Roma PG. Behavioral economics and empirical public policy. J Exp Anal Behav. 2013; 991:98–124. DOI: 10.1002/jeab.7
- Kahneman D, Knetsch JL, Thaler RH. Experimental tests of the endowment effect and the coase theorem. J Polit Econ. 1990; 986:1325–1348.
- Kahneman D, Tversky A. Prospect theory: An analysis of decision under risk. Econometrica. 1979; 472:263–292.
- MacKillop J. The behavioral economics and neuroeconomics of alcohol use disorders. Alcohol Clin Exp Res. 2016; 404:672–685. DOI: 10.1111/acer.13004
- Novemsky N, Kahneman D. The boundaries of loss aversion. J Mark Res. 2005; 52:119–128.
- Neumann N, Böckenholt U. A meta-analysis of loss aversion in product choice. J Retailing. 2014; 2:182–197. DOI: 10.1016/j.jretai.2014.02.002
- Sayman S, Öncüler A. Effects of study design characteristics on the WTA-WTP disparity: A meta analytic framework. J Econ Pscyhol. 2005; 26:289–312. DOI: 10.1016/j.joep.2004.07.002
- Sokol-Hessner P, Hsu M, Curley NG, Delgado MR, Camerer CF, Phelps EA. Thinking like a trader selectively reduces individuals' loss aversion. Proc Natl Acad Sci USA. 2009; 10613:5035–5040. DOI: 10.1073/pnas.0806761106
- Stoops WW, Lile JA, Rush CR. Monetary alternative reinforcers more effectively decrease intranasal cocaine choice than food alternative reinforcers. Pharmacol Biochem Behav. 2010; 952:187–191. DOI: 10.1016/j.pbb.2010.01.003
- Thaler RH, Johnson EJ. Gambling with house money and trying to break even: The effects of prior outcomes on risky choice. Manage Sci. 1990; 36:643–660.
- Tom SM, Fox CR, Trepel C, Poldrack RA. The neural basis of loss aversion in decision-making under risk. Science. 2007; 3155811:515–518. DOI: 10.1126/science.1134239
- Tunçel T, Hammitt JK. A new meta-analysis of the WTP/WTA disparity. J Environ Econ Manage. 2014; 68:175–187. DOI: 10.1016/j.jeem.2014.06.001
- Tversky A, Kahneman D. Loss aversion in riskless choice: A reference-dependent model. Q J Econ. 1991; 1064:1039–1061.
- Tversky A, Kahneman D. Advances in prospect theory: Cumulative representation of uncertainty. J Risk Uncertain. 1992; 5:297–323.
- Vassileva J, Ahn WY, Weber KM, Busemeyer JR, Stout JC, Gonzalez R, Cohen MH. Computational modeling reveals distinct effects of HIV and history of drug use on decision-making processes in women. PloS One. 2013; 88:e68962.doi: 10.1371/journal.pone.0068962
- Walasek L, Stewart N. How to make loss aversion disappear and reverse: Tests of the decision by sampling origin of loss aversion. J Exp Psychol Gen. 2015; 1441:7–11. DOI: 10.1037/xge0000039
- Washio Y, Higgins ST, Heil SH, McKerchar TL, Badger GJ, Skelly JM, Dantona RL. Delay discounting is associated with treatment response among cocaine-dependent outpatients. Exp Clin Psychopharmacol. 2011; 193:243–248. DOI: 10.1037/a0023617

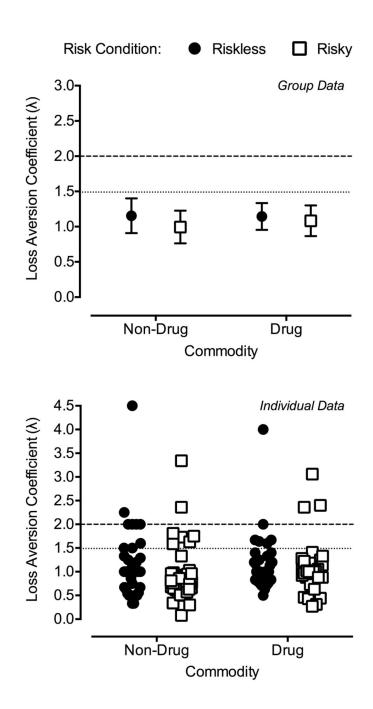
Page 7

#### Highlights

• Loss aversion was tested in active cocaine users

- Cocaine users showed equal sensitivity to losses and gains
- Performance was similar under uncertain (risky) and certain conditions
- Performance was similar for drug (cocaine) and non-drug commodities

Strickland et al.



#### Figure 1.

Loss aversion coefficients for valuation (black circles) and mixed gambles (white squares) tasks. Dotted lines are normative loss aversion value of 2 (thick dotted line) and lower bound estimate of 1.49 (thin dotted line). Top Panel: Estimates represent mean values and error bars represent 95% confidence intervals. Bottom Panel: Plotted are individual subject data for each task.

#### Table 1

Subject Demographics and Drug Use Variables

	Mean/Count	SD
Age	45.7	5.8
Female	16 (42%)	
Race		
Caucasian	7 (18%)	
African American	31 (82%)	
Years of Education	12.1	1.5
Income	\$7155	\$7479
ZKPQ	<u>1.4</u>	<u>1.7</u>
CPD	11.8	7.4
FTND	3.8	2.3
Alcoholic Drinks Per Week	14.6	17.0
MAST	8.4	8.8
DAST	10.2	5.6
Cocaine Use		
Days Used Per Month	15.7	9.2
Money Spent Per Month	\$659.5	\$701.0
Lifetime Uses	3562.6	2715.6
Years Used	20.3	8.3
Cocaine Abuse	11 (28.9%)	
Cocaine Dependence	25 (65.8%)	

Note. ZKPQ = Impulsivity Subscale of the Zuckerman-Kuhlman Personality Questionnaire; CPD = cigarettes per day; FTND = Fagerström Test for Nicotine Dependence; MAST = Michigan Alcohol Screening Test; DAST = Drug Abuse Screening Test.