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## Cost Estimation in Public Health Services & Systems Research

Glen P. Mays

University of Kentucky, glen.mays@cuanschutz.edu

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# Cost Estimation in Public Health Services & Systems Research

Glen P. Mays, Ph.D., MPH

Preparedness Cost Estimation Expert Panel  
U.S. Assistant Secretary for Planning and Evaluation (ASPE)  
3 June 2015



# Why we need to know?

“Poor costing systems have disastrous consequences. It is a well-known management axiom that what is not measured cannot be **managed or improved**. Since providers misunderstand their costs, they are unable to **link cost to process improvements or outcomes**, preventing them from making good decisions....Poor cost measurement [leads] to huge **cross-subsidies across services**...Finally, poor measurement of costs and outcomes also means that effective and efficient providers **go unrewarded**.”



- R.S. Kaplan and M.E. Porter, The big idea: how to solve the cost crisis in health care. *Harvard Business Review*; 2011.

# Toward a deeper understanding of costs in public health

## 2012 Institute of Medicine Recommendations

- Identify the components and **costs of a minimum package** of public health services
  - Foundational capabilities
  - Basic programs
- Implement a **national chart of accounts** for tracking spending and flow of funds
- Expand **research on costs and effects** of public health delivery



Institute of Medicine. For the Public's Health: Investing in a Healthier Future. Washington, DC: National Academies Press; 2012.

# Tools of the trade

- **Prospective “expected cost” methods (micro-costing)**
  - Vignettes
  - Surveys with staff and/or administrators
  - Delphi group processes
- **Concurrent “implementation cost” methods (micro-costing)**
  - Time studies with staff
  - Activity logs with staff
  - Direct observation
- **Retrospective “cost accounting” methods (micro-costing or gross-costing)**
  - Administrative records, financial reports, billing data
  - Decomposition, allocation or modeling
  - Surveys with staff and/or administrators

**Drug  
Abuse  
Treatment  
Cost  
Analysis  
Program**

*CostIt Software ©  
(Costing Interventions templates)*

Substance Abuse Services Cost Analysis Program

**SASCAP™**

# Examples: Program Costing

## Arkansas Community Connector Program

- Use community health workers & public health infrastructure to identify people with unmet social support needs
- Connect people to home and community-based services & supports
- Link to hospitals and nursing homes for transition planning
- Use Medicaid and SIM financing, savings reinvestment
- Costing with electronic time logs



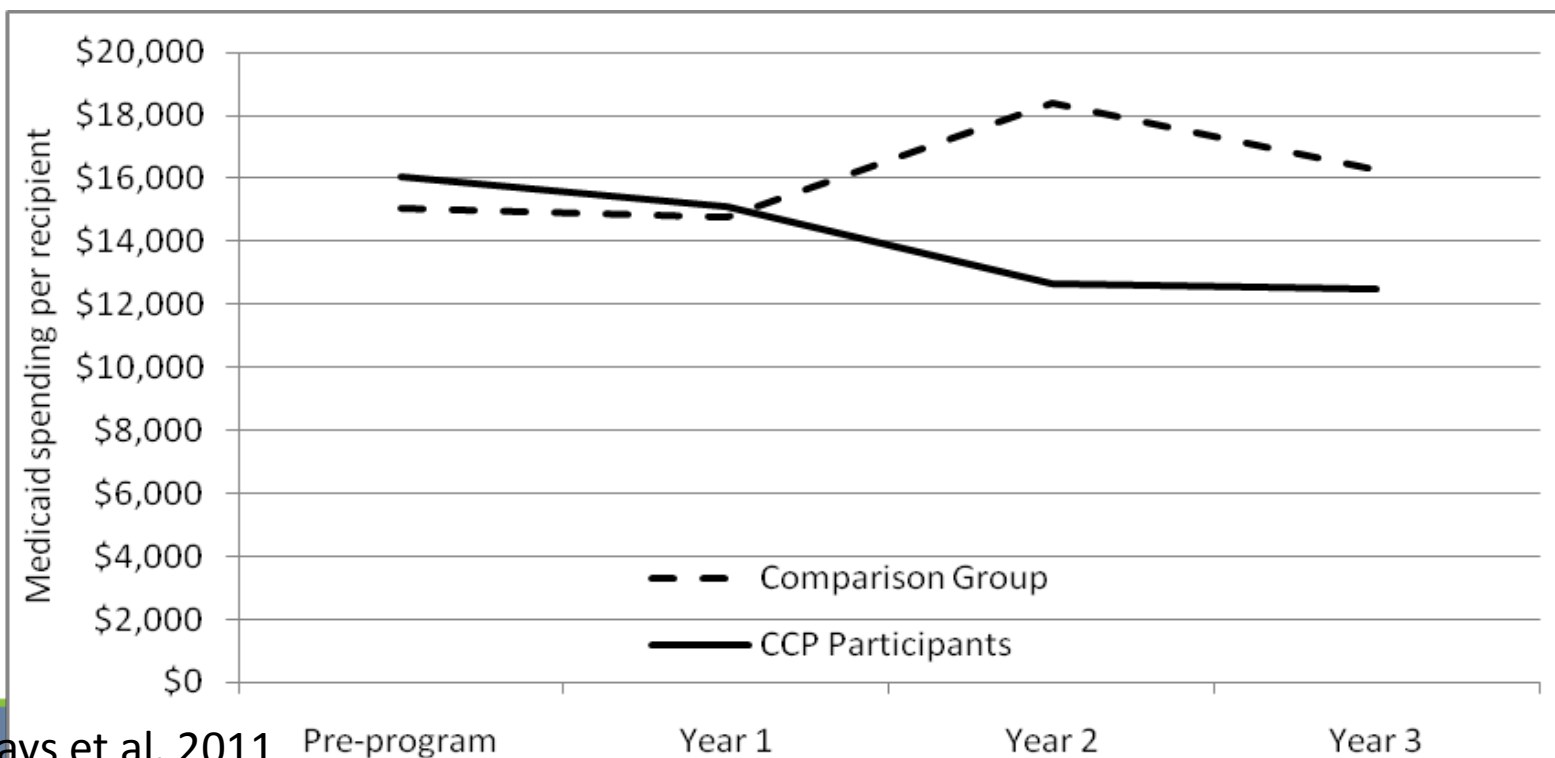
# Examples: Program Costing

By Holly C. Felix, Glen P. Mays, M. Kathryn Stewart, Naomi Cottoms, and Mary Olson

## THE CARE SPAN

### Medicaid Savings Resulted When Community Health Workers Matched Those With Needs To Home And Community Care

HealthAffairs



Felix, Mays et al. 2011 Pre-program

Year 1

Year 2

Year 3

<http://content.healthaffairs.org/content/30/7/1366.abstract>

# Examples: Program Costing

## Three Year Aggregate Estimates

➤ Combined Medicaid spending reductions:	\$3.515 M
➤ Program implementation costs:	\$0.896 M
➤ Net savings:	\$2.629 M
➤ ROI:	\$2.92

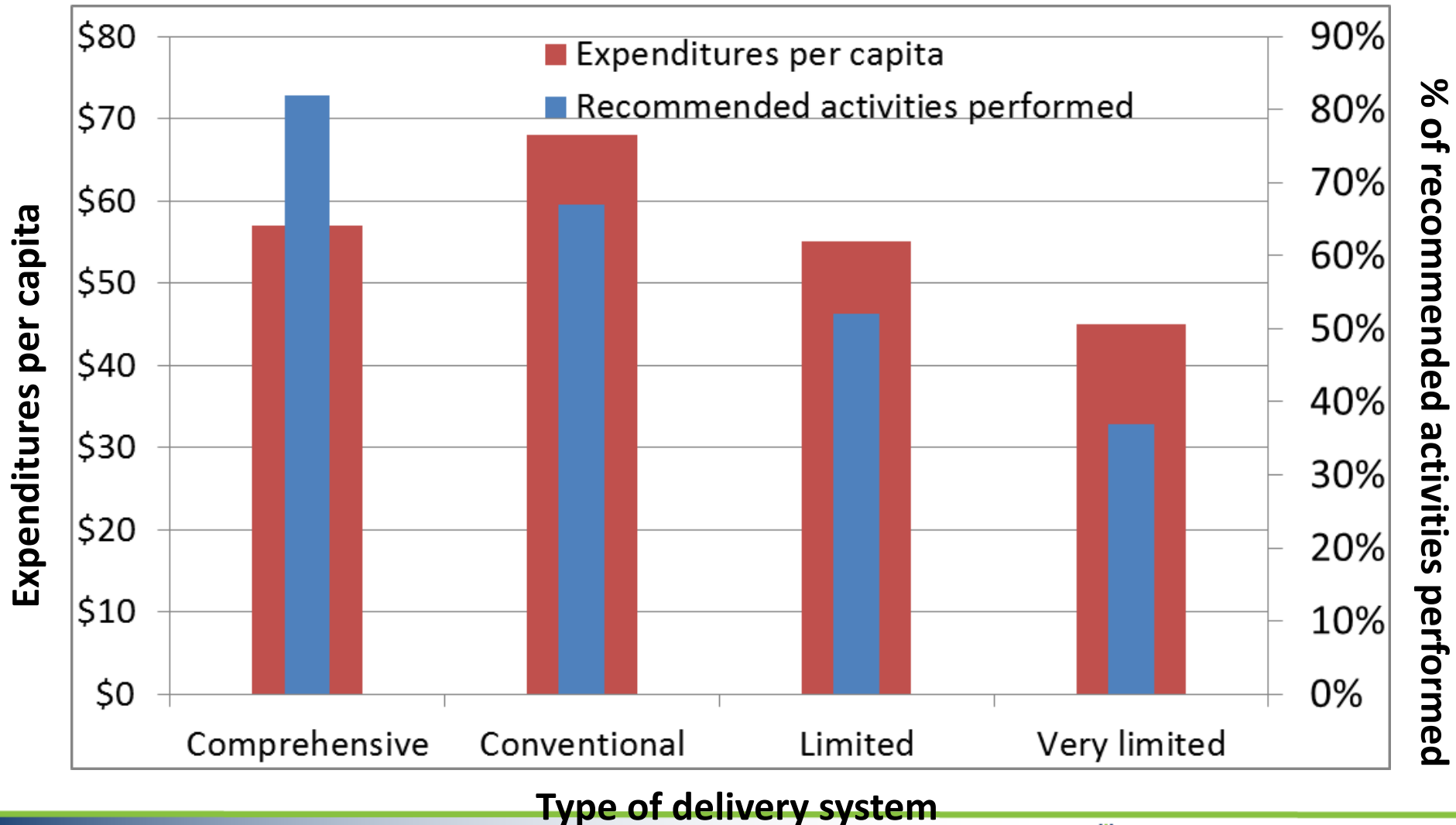
Felix, Mays et al. 2011

<http://content.healthaffairs.org/content/30/7/1366.abstract>



# Examples: Gross Costing

## Performance and Efficiency in Local Public Health Delivery Systems



Mays et al. Milbank Quarterly 2010

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2888010/>

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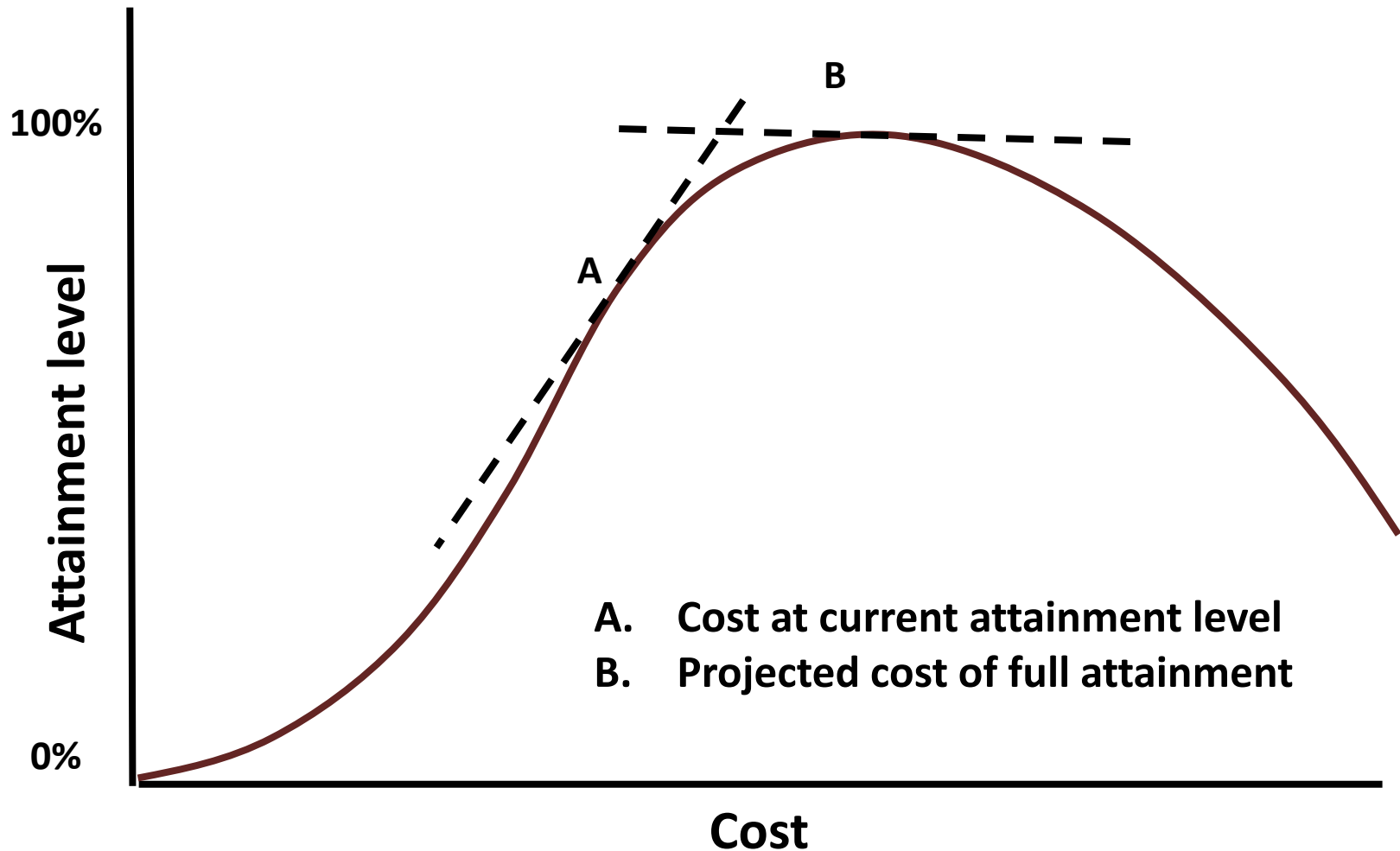
# Ongoing work: Public Health Delivery and Cost Studies (DACs)

- Set of 11 ongoing studies conducted by PBRNs
- Focus on 1 or more public health services: communicable disease control, chronic disease prevention, environmental health protection
- Estimate costs and cost variation across multiple institutional and community settings
- Identify factors that drive variation in costs
- Use standardized approaches to cost measurement and cost analysis: DO, time logs, manager surveys

# Ongoing work: Costing Foundational Public Health Services

- Prospective “expected cost” & retrospective “cost accounting” methods
- Sampling strategy to empirically estimate scaling
  - Stratify based on state-local administrative structure
  - Sample based on population strata and density (rural/urban)
- Vignette-based questions for each domain
  - Elicit **quantity**, FTE and labor cost, non-labor cost, indirect cost components
  - Elicit **staff time allocation** across service areas
  - Elicit **expectations** about current level of attainment of each service
- Use “fuzzy set” costing approach to deal with uncertainty
  - Upper and lower bounds, most likely values
  - Monte Carlo simulation

# Costing Foundational Services: Estimation of “projected” costs from current attainment ratings



# Costing Foundational Services: Current vs. Projected Costs with Simulated Uncertainty Parameters

## Current Costs

78.3

## Projected Costs

177.5

5.0%

90.0%

5.0%

5.0%

90.0%

5.0%

5% = 52.750

Mean = 65.036

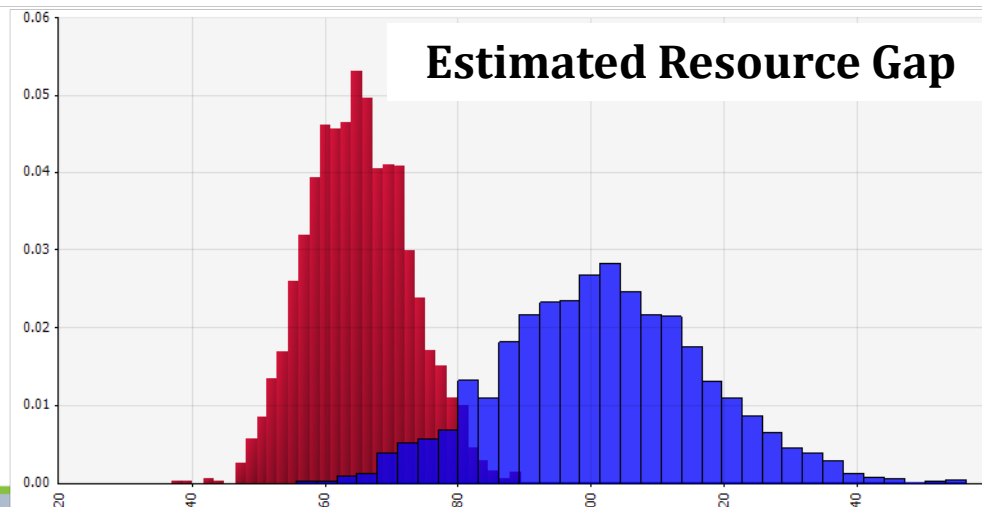
95% = 78.323

5% = 76.75

Mean = 101.82

95% = 127.46

## Estimated Resource Gap



# Transforming policy & practice with cost estimation

- Align resources with preventable disease burden
- Identify and address inequities in resources
- Improve productivity and efficiency
- Demonstrate value: linking costs to outcomes
- Strengthen fiscal policy: financing mechanisms



# For More Information



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Glen P. Mays, Ph.D., M.P.H.

[glen.mays@uky.edu](mailto:glen.mays@uky.edu)

**Email:** [publichealthPBRN@uky.edu](mailto:publichealthPBRN@uky.edu)

**Web:** [www.publichealthsystems.org](http://www.publichealthsystems.org)

**Journal:** [www.FrontiersinPHSSR.org](http://www.FrontiersinPHSSR.org)

**Archive:** [works.bepress.com/glen\\_mays](http://works.bepress.com/glen_mays)

**Blog:** [publichealtheconomics.org](http://publichealtheconomics.org)