Appendix B

Facilitators

Collaboration
• "What I see as valuable is curbside"
• "I would absolutely love a consultation service"
• "...We pull you out to primary care and you're there all by yourself"

Education
• "...the more we offer that, the more we let them off the hook"
• "...they would be willing to learn from us and vice versa; sharing knowledge and peer education would be enhanced"
• "We're not getting so many grand concepts and theories. People are just rehashing what other people have done"

Location
• "We want them to come to us. Why? We're not sick"
• "Where this would best be applied, in all honesty, would be places like homeless shelters"
• "People don't have the money or the time to run all over town getting fragmented care"

Barriers

Finances
• "I wish for care to be clinician-driven and not administratively or bureaucratically driven"
• "Everybody thinks they could use a psych NP. Ask somebody 'would you like a new care? Yeah. Do you want to pay for the new car? No'"
• "We're not caseworkers...we don't have the time or energy or manpower to figure it out"

Patient Characteristics
• "...to get to that point that we can own up to and get over the stigma of having mental health problems and accept the fact that your brain is just like your kidneys or your heart or anything else...until you get over that and accept that and until we address it, we're just not going to be able to move forward"
• "...now they know you were on Klonopin for three years and had a hospitalization for depression and is that any of their business?"

Scope of Practice
• "Sometimes I would treat anxiety and hope it would help their blood pressure"
• "There are a wide variety of comfort levels"
• "I can read trade journals all day long and I can read articles all day long, but honestly, the training in psych in school is, you know...it is what it is"