University of Kentucky

UKnowledge

[Gill Heart & Vascular Institute Faculty](https://uknowledge.uky.edu/heart_facpub)
Publications om Heart & Vascular institute Pacuity
[Publications](https://uknowledge.uky.edu/heart_facpub) **Heart & Vascular**

6-25-2019

Prognostic Role of Elevated Myeloperoxidase in Patients with Acute Coronary Syndrome: A Systemic Review and Meta-Analysis

Andrew R. Kolodziej University of Kentucky, andrew.kolodziej@uky.edu

Mohamed Abo-Aly University of Kentucky, mohamed.aboaly@uky.edu

Eman Elsawalhy University of Kentucky

Charles Campbell University of Kentucky

Khaled M. Ziada University of Kentucky, kziad2@uky.edu

See next page for additional authors Follow this and additional works at: [https://uknowledge.uky.edu/heart_facpub](https://uknowledge.uky.edu/heart_facpub?utm_source=uknowledge.uky.edu%2Fheart_facpub%2F20&utm_medium=PDF&utm_campaign=PDFCoverPages)

C Part of the [Cardiology Commons](https://network.bepress.com/hgg/discipline/683?utm_source=uknowledge.uky.edu%2Fheart_facpub%2F20&utm_medium=PDF&utm_campaign=PDFCoverPages)

[Right click to open a feedback form in a new tab to let us know how this document benefits you.](https://uky.az1.qualtrics.com/jfe/form/SV_0lgcRp2YIfAbzvw)

Repository Citation

Kolodziej, Andrew R.; Abo-Aly, Mohamed; Elsawalhy, Eman; Campbell, Charles; Ziada, Khaled M.; and Abdel-Latif, Ahmed K., "Prognostic Role of Elevated Myeloperoxidase in Patients with Acute Coronary Syndrome: A Systemic Review and Meta-Analysis" (2019). Gill Heart & Vascular Institute Faculty Publications. 20.

[https://uknowledge.uky.edu/heart_facpub/20](https://uknowledge.uky.edu/heart_facpub/20?utm_source=uknowledge.uky.edu%2Fheart_facpub%2F20&utm_medium=PDF&utm_campaign=PDFCoverPages)

This Review is brought to you for free and open access by the Heart & Vascular at UKnowledge. It has been accepted for inclusion in Gill Heart & Vascular Institute Faculty Publications by an authorized administrator of UKnowledge. For more information, please contact UKnowledge@lsv.uky.edu.

Prognostic Role of Elevated Myeloperoxidase in Patients with Acute Coronary Syndrome: A Systemic Review and Meta-Analysis

Digital Object Identifier (DOI) https://doi.org/10.1155/2019/2872607

Notes/Citation Information

Published in Mediators of Inflammation, v. 2019, article ID 2872607, p. 1-9.

Copyright © 2019 Andrew R. Kolodziej et al.

This is an open access article distributed under the [Creative Commons Attribution License](https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Authors

Andrew R. Kolodziej, Mohamed Abo-Aly, Eman Elsawalhy, Charles Campbell, Khaled M. Ziada, and Ahmed K. Abdel-Latif

Review Article

Prognostic Role of Elevated Myeloperoxidase in Patients with Acute Coronary Syndrome: A Systemic Review and Meta-Analysis

Andrew R. Kolodziej[,](https://orcid.org/0000-0001-5641-450X) Mohamed Abo-Aly **D**, Eman Elsawalhy, Charles Campbell, Khaled M. Ziada, and Ahmed Abdel-Latif

Gill Heart Institute and Division of Cardiovascular Medicine, University of Kentucky and the Lexington VA Medical Center, Lexington, KY, USA

Correspondence should be addressed to Ahmed Abdel-Latif; abdel-latif@uky.edu

Received 7 October 2018; Revised 11 January 2019; Accepted 9 June 2019; Published 25 June 2019

Guest Editor: Chao Li

Copyright © 2019 Andrew R. Kolodziej et al. This is an open access article distributed under the [Creative Commons Attribution](https://creativecommons.org/licenses/by/4.0/) [License,](https://creativecommons.org/licenses/by/4.0/) which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Background. Myocardial inflammation following acute ischemic injury has been linked to poor cardiac remodeling and heart failure. Many studies have linked myeloperoxidase (MPO), a neutrophil and inflammatory marker, to cardiac inflammation in the setting of acute coronary syndrome (ACS). However, the prognostic role of MPO for adverse clinical outcomes in ACS patients has not been well established. Methods. MEDLINE and Cochrane databases were searched for studies from 1975 to March 2018 that investigated the prognostic value of serum MPO in ACS patients. Studies which have dichotomized patients into a high MPO group and a low MPO group reported clinical outcomes accordingly and followed up patients for at least 30 days to be eligible for enrollment. Data were analyzed using random-effects model. Sensitivity analyses were conducted for quality control. Results. Our meta-analysis included 13 studies with 9090 subjects and a median follow-up of 11.4 months. High MPO level significantly predicted mortality (odds ratio (OR) 2.03; 95% confidence interval (CI): 1.40-2.94; *P* < 0 001), whereas it was not significantly predictive of major adverse cardiac events and recurrent myocardial infarction (MI) (OR 1.28; CI: 0.92- 1.77, *P* = 0 14 and OR 1.23; CI: 0.96-1.58, *P* = 0 101, respectively). Hypertension, diabetes mellitus, and age did not affect the prognostic value of MPO for clinical outcomes, whereas female gender and smoking status have a strong influence on the prognostic value of MPO in terms of mortality and recurrent MI (metaregression coefficient -8.616: 95% CI -14.59 to -2.633, *P* = 0 0048 and 4.88: 95% CI 0.756 to 9.0133, *P* = 0 0204, respectively). Conclusions. Our meta-analysis suggests that high MPO levels are associated with the risk of mortality and that MPO can be incorporated in risk stratification models that guide therapy of high-risk ACS patients.

1. Introduction

Cardiovascular disease is the leading cause of death worldwide [[1\]](#page-9-0). Acute coronary syndrome (ACS) has the worst prognosis among cardiovascular diseases with significant impact on morbidity and mortality. However, ACS patients are a heterogonous population with variable pathologies and clinical outcomes. Methods for risk stratification that incorporate biological variables such as heightened inflammation after cardiac injury are lacking. While troponin and other cardiac markers have been shown to estimate the degree of initial ischemic insult and long-term clinical events

[\[2](#page-9-0)], the prognostic value of markers of inflammation is not well established.

Cardiomyocyte damage has been shown to initiate a systemic and local inflammatory response that results in worsening cardiac remodeling and long-term cardiac and clinical adverse events [\[3](#page-9-0), [4](#page-9-0)]. This response initiates the mobilization, recruitment, and activation of neutrophils and other inflammatory cells. Upon activation, neutrophils degranulate and release inflammatory cytokines such as myeloperoxidase (MPO) which aids in the clearance of dead cells and tissues but has been shown to exert atherogenic and adverse vascular effects [\[5](#page-9-0), [6\]](#page-9-0). A robust body of well-designed, well-controlled foundational studies conducted in humans and animal models collectively supports the premise that inflammation and circulating inflammatory cells after myocardial infarction are detrimental for cardiac recovery [\[7](#page-9-0), [8](#page-9-0)]. All these properties make MPO a potential prognostic tool for predicting future adverse clinical outcomes in ACS patients.

Studies that have been conducted to evaluate the prognostic value of MPO in ACS patients showed discrepant results [[9, 10](#page-9-0)] and included a heterogeneous patient population, and their sample size was insufficient to provide solid conclusions. Therefore, we conducted this protocol-driven systematic review and meta-analysis to explore the prognostic value of MPO in ACS patients. We focused on studies that included ACS patients and stratified patients' outcomes based on the plasma MPO levels.

2. Materials and Methods

We conducted this protocol-driven systematic review and meta-analysis according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) [[11](#page-9-0)]. We sought to compare the 30-day prognosis of ACS patients with high vs. low MPO levels. MEDLINE, Scopus, and Cochrane databases were searched from inception of myeloperoxidase until March 2018. Further details about the search strategy and terms are shown in the Supplemental Table [1.](#page-8-0) The references of relevant papers were also screened for potential eligible studies. The abstracts of the American Heart Association, American College of Cardiology, and European Society of Cardiology were screened over the last 2 years for eligible studies.

To be eligible for inclusion in our analysis, studies had to meet the following criteria: (1) patients are divided according to a cutoff value of serum MPO into "high" and "low," (2) patients were followed up for at least 30 days, and (3) absolute numbers of clinical outcome events were reported. Exclusion criteria were (1) irretrievable data, (2) review articles and editorials, and (3) studies including less than 50% subjects with an index diagnosis of ACS. ACS was defined as either ST segment elevation myocardial infraction (STEMI), non-STEMI, or unstable angina. STEMI is defined according to previously published criteria [\[12](#page-9-0), [13\]](#page-9-0) or the WHO criteria [[14](#page-9-0)]. Non-STEMI is defined as at least 10-15 minutes of chest pain at rest and elevated biomarkers of myonecrosis, ST-segment deviation, or Twave abnormalities. Unstable angina was defined as a typical chest pain at rest with new ST segment changes and peak cardiac troponin I levels within the normal range. Prespecified outcomes of our analyses were mortality, major adverse cardiac events (MACE), and recurrent myocardial infarction. Because of the variability of the definition of the composite of MACE, we included only studies that specifically reported MACE or used a traditional definition of its components.

2.1. Data Extraction and Critical Appraisal. Two reviewers (A.A-L and M.A) independently screened the full text of the retrieved studies and used a standardized form to extract the data from each study. For each outcome, absolute event numbers were included and results are expressed as a ratio of total participants with complete follow-up. Patients were divided into 2 groups, above and below the median level of MPO. Regarding reports that investigated the same subjects at different follow-up time points, we extracted data pertaining to outcomes from the longest follow-up report. We used the Newcastle-Ottawa quality assessment scale (NOS) to assess the quality of included studies [[15](#page-9-0)].

2.2. Statistical Analyses. The prespecified outcomes of our analyses were mortality, major adverse cardiac events (MACE), and recurrent myocardial infarction. Summary estimates were calculated as odds ratios (OR) with 95% confidence intervals (CI) using the random-effects model based on DerSimonian and Laird's meta-analytic statistical method [\[16\]](#page-9-0). Considering that the heterogeneity of the included studies might influence the prognostic effects, we prespecified the use of the random-effects model to assess effect sizes. The *I*² index was used to summarize the proportion of the total variability in the estimate. The I^2 statistic is derived from the *Q* statistic and describes the percentage of total variation across studies that is due to heterogeneity; values of 25%, 50%, and 75% correspond to low, moderate, and high heterogeneity, respectively [\[17\]](#page-9-0) [[18](#page-9-0)]. Sensitivity analyses were performed using the one-study-removed and the cumulative analysis methods in order to assess the influence of each study on the overall pooled results of the meta-analysis. We used Egger's test and visual inspection of Funnel plots to assess for publication bias [[19\]](#page-9-0).

2.3. Metaregression Analysis. Using log-transformed OR as dependent variable, metaregression analyses were performed to determine whether the prognostic value of MPO was modulated by prespecified study-level factors including age and percentage of female gender, patients with index diagnosis ACS, smoker, diabetes mellitus, and hypertension among study populations. Metaregression was performed with unrestricted maximum-likelihood method (inverse varianceweighted regression) on the event rate log-transformed before being used as independent variables in linear metaregression analyses [\[20\]](#page-9-0). The statistical level of significance was 2-tailed *P* < 0.05. All statistical analyses were performed using Comprehensive Meta-Analysis version 3.0 software (Biostat Inc., New Jersey, USA).

3. Results

The final analysis included 13 studies that enrolled 9090 subjects with a median follow-up of 11.4 months. The selection process is summarized in Figure [1.](#page-4-0) Interreviewer agreement on study eligibility was 100%. The baseline characteristics of the included patients are shown in Table [1.](#page-5-0) Overall, patients with high MPO had similar baseline characteristics compared to those with low MPO. The different definitions of MACE in the included studies in the meta-analysis are shown in Supplemental Table [2](#page-8-0). The quality assessment of each included study is shown in Supplemental Table [3.](#page-8-0)

Figure 1: Flow chart of search strategy.

The primary endpoint, all-cause mortality, was significantly higher in patients with high MPO compared to those with low MPO (OR 2.03; CI: 1.40-2.94, $P < 0.001$) (Figure [2\)](#page-5-0). The incidence of MACE and recurrent myocardial infraction trended higher among patients with high MPO (OR 1.28; CI: 0.92-1.77, *P* = 0 14 and OR 1.23; CI: 0.96-1.58, $P = 0.101$, respectively) (Figures [3](#page-6-0) and [4\)](#page-6-0). The heterogeneity in our analyses was moderate based on the $I²$ statistic of 17%, 48%, and 77% for recurrent MI, mortality, and MACE, respectively.

Metaregression analysis of the primary endpoints stratified by baseline characteristics, such as age, prevalence of hypertension, percentage of ACS in the study population, and diabetes mellitus, showed no significant interactions (Supplemental Figures [1-3](#page-8-0)). However, there was a significant inverse correlation between female gender and the prognostic value of MPO for both mortality (correlation coefficient -4.23, 95% CI: -7.88 to -0.59 , $P = 0.02$) and recurrent MI (correlation coefficient -2.37, 95% CI: -4.69 to -0.03 , $P = 0.047$) (Supplemental Figures [1](#page-8-0) and [3](#page-8-0)). On the other hand, smoking showed a significant direct correlation with the OR of recurrent MI; hence, the prognostic value of high MPO on recurrent MI was greater among smokers than nonsmokers (correlation coefficient 5.21, 95% CI: 1.08 to 9.34, $P = 0.01$) (Supplemental Figure [3\)](#page-8-0).

3.1. Sensitivity Analyses. Sensitivity analyses using the "onestudy-removed" method did not show significant changes in the summary odds ratio estimates for any outcome assessed (Supplemental Figure [4](#page-8-0)). Cumulative meta-analysis showed a relatively stable accumulation of evidence for primary endpoints assessed (Supplemental Figure [5\)](#page-8-0). We also stratified the studies based on sample collection method. The results were inconclusive for the sample collection tube because there was a significant imbalance with higher number of studies that utilized EDTA collection tube compared to those using heparin or citrate collection tubes, thus precluding a definitive conclusion regarding the impact of sample collection method on the prognostic value of MPO in our analysis.

We also stratified the studies based on sample collection timing. There was heterogeneity in the sample collection time in relation to the onset of chest pain as detailed in Table [2](#page-7-0). There was no correlation between the timing of blood collection and the prognostic value of MPO in mortality (-0.00, 95% CI: -0.02 to 0.02, *P* = 0.99), MACE (-0.02, 95% CI: -0.15 to 0.11, *P* = 0.78), or recurrent MI (-0.00, 95% CI: -0.03 to 0.03, *P* = 0.99).

3.2. Publication Bias. No clear evidence of publication bias was observed on visual inspection of the Funnel plots

| | STEMI (%) | NSTEMI (%) | UAP $(\%)$ | MPO cutoff value | Sample size | Age | Female (%) | Smoking (%) | Diabetes (%) | Hypertension (%) | |
|---|--|--------------------------|----------------------------------|---|----------------|-----------------|----------------|-----------------|------------------|----------------------|--|
| Apple et al.* [31] | ${\geq}50\%$ of patients have $cTnI \ge 0.09$ | | NA | \leq 125.6 mcg/L >125.6 mcg/L | 172 285 | 57 ± 16 | 43 | NR | 24.9 | 57.9 | |
| | | | 100 | <350 μ g/L | 376 | 61.4 ± 10.5 | 28.7 | 42.5 | 8.2 | 35.4 | |
| Baldus et al. [34] | $\overline{0}$ | $\boldsymbol{0}$ | | \geq 350 μ g/L | 171 | 62.5 ± 10.4 | 31 | 40 | 12.5 | 36.9 | |
| Brugger-Andersen et al. [30] | AMI 100 | | $\mathbf{0}$ | \leq 26.8 mcg/L >26.8 mcg/L | 142 141 | 64 ± 13 | 20.8 | 38.9 | 10.4 | 24.4 | |
| | | | 45 | \leq 20.34 ng/mL | 91 | 65 ± 9.3 | 0.0 | 32 | 59 | 84 | |
| Cavusoglu et al. [38] | 12 | 43 | | >20.34 ng/mL | 91 | 64.7 ± 10.8 | 0.0 | 43 | 34 | 83 | |
| | | | | $<$ 1150 ng/mL | 95 | 59.9 ± 12.8 | 10.55 | 34.7 | 33.7 | 60 | |
| Chang et al. [28] | AMI 53.9 | | NA | \geq 1150 ng/mL | 33 | 64.3 ± 12.1 | 15.1 | 39.4 | 51.5 | 57.6 | |
| Eggers et al. [9] | AMI 36.6 | | 21.8 | \leq 208.1 pmol/L >208.1 pmol/L | 235 61 | 66 (55, 76) | 33.9 | 17.2 | 16.2 | 37.3 | |
| Kaya et al. [10] | | $\boldsymbol{0}$ | $\mathbf{0}$ | \leq 68 ng/mL | 37 | 56 ± 11 | 26 | 61 | 20 | 37 | |
| | 100 | | | >68 ng/mL | 36 | 57 ± 13 | 21 | 66 | 32 | 55 | |
| Koch et al. $$$ [26] | | $\rm NA$ | NA | \leq 306.3 pmol/L | 396 | 63.7 ± 13.0 | 30.3 | 32.9 | 19.2 | 70.9 | |
| | 43 | | | >306.3 pmol/L | 267 | 65 ± 12 | 31.1 | 33 | 23.6 | 67.8 | |
| | $\mathbf{0}$ | 35 | 65 | \leq 884 pg/mL | 762 | 61(52, 69) | 32.1 | 28.7 | 25.1 | 67.2 | |
| Morrow et al. [39] | | | | >884 pg/mL | 762 | 61 (53, 70) | 34 | 29.5 | 28.9 | 63.9 | |
| Mocatta et al. [27] | 81.1 | $\boldsymbol{0}$ 18.9 | | \leq 55 ng/mL >55 ng/mL | 242 243 | 61.7 ± 11.0 | 19.9 | NA | 12.7 | NR | |
| Oemrawsingh ⁺ et al. [40] | $\mathbf{0}$ | $\boldsymbol{0}$ | 100 | <350 μ g/L \geq 350 μ g/L | 376 171 | 62 (54, 69) | 20 | 40 | 14 | 42 | |
| Rahman et al. [32] | 65 | $\mathfrak s$ 30 | | $<$ 285.5 pmol/L \geq 285.5 pmol/L | 30 $70\,$ | NR | 20 | NR | NR | NR | |
| Scirica et al. [29] | 48.3 49.2 $\boldsymbol{0}$ | | \leq 670 pg/mL >670 pg/mL | 2507 1845 | 64 | 35.1 | 25 | 32.3 | 74.6 | | |

Table 1: Patients' characteristics of the studies included in the meta-analysis.

STEMI: ST-elevation myocardial infarction; NSTEMI: non-ST-elevation myocardial infarction; UAP: unstable angina; MPO: myeloperoxidase; CTn1: cardiac troponin I; AMI: acute myocardial infraction; NA: not available. Continuous variables are presented in either median or mean ± SD. Categorical variables are presented in percentages. [∗]Apple et al. reported that the median cardiac troponin of the whole cohort is 0.09 *μ*g/L. † Oemrawsingh et al. is a longer follow-up report of Baldus et al.'s study subjects. § Reported that ACS-negative patients are 10.8% of the study population.

Figure 2: Forest plot for all-cause mortality. High myeloperoxidase level was associated with significantly higher risk of mortality (odds ratio 2.03; 95% confidence interval (CI): 1.403-2.939; *P* < 0 001).

| Study name | | | Statistic for each study | | | Events/total | Odds ratio and 95% Cl | | | | | | Relative | | |
|-----------------------|---------------|----------------|--------------------------|----------|-----------|--------------------|-----------------------|-----|-----|-----|--|---------------|----------|----|--------|
| | Odds ratio | Lower limit | Upper limit | Z value | P value | High MPO | Low MPO | | | | | | | | weight |
| Apple 2007 | 1.895 | 0.869 | 4.132 | 1.608 | 0.108 | 27/285 | 9/172 | | | | | | | | 11.28 |
| Brügger-Andersen 2008 | 0.674 | 0.361 | 1.257 | -1.240 | 0.215 | 16/75 | 64 / 223 | | | | | | | | 14.65 |
| Chang 2009 | 1.003 | 1.001 | 1.005 | 2.944 | 0.003 | | | | | | | | | | 31.32 |
| Eggers 2009 | 1.497 | 0.752 | 2.981 | 1.148 | 0.251 | 14/61 | 39/235 | | | | | | | | 13.12 |
| Kaya 2012 | 4.125 | 1.184 | 14.366 | 2.226 | 0.026 | 12/36 | 4/37 | | | | | | | | 5.64 |
| Oemrawsingh 2011 | 1.500 | 1.086 | 2.073 | 2.458 | 0.014 | | | | | | | | | | 23.99 |
| Overall | 1.278 | 0.921 | 1.773 | 1.469 | 0.142 | | | | | | | | | | |
| | | | | | | | | 0.1 | 0.2 | 0.5 | | \mathcal{D} | 5 | 10 | |

Figure 3: Forest plot for major adverse cardiac events (MACE). High myeloperoxidase showed a trend towards higher risk of MACE (odds ratio 1.27; CI: 0.92-1.77, $P = 0.14$).

| Study name | | | Statistic for each study | | Events/total | | Odds ratio and 95% Cl | | | | | | Relative | | |
|----------------|---------------|----------------|--------------------------|---------------------------|--------------|--------------------|-----------------------|-----|-----|-----|--|----------------|----------|----|--------|
| | Odds ratio | Lower limit | limit | Upper Z value P value | | High MPO | Low MPO | | | | | | | | weight |
| Cavusoglu 2007 | 2.319 | 1.050 | 5.120 | 2.081 | 0.037 | 22/91 | 11/91 | | | | | | | | 8.62 |
| Eggers 2009 | 0.806 | 0.318 | 2.045 | -0.453 | 0.651 | 6/61 | 28/235 | | | | | | | | 6.47 |
| Kaya 2012 | 5.435 | 0.252 | 117.236 | 1.080 | 0.280 | 2/36 | 0/37 | | | | | | | | 0.65 |
| Koch 2014 | 2.500 | 0.592 | 10.550 | 1.247 | 0.212 | 5/267 | 3/396 | | | | | | | | 2.85 |
| Marrow 2008 | 1.280 | 0.965 | 1.696 | 1.715 | 0.086 | | 127/762 103/762 | | | | | | | | 36.71 |
| Scirica 2011 | 1.050 | 0.841 | 1.311 | 0.430 | 0.667 | | | | | | | | | | 44.70 |
| Overall | 1.231 | 0.960 | 1.578 | 1.641 | 0.101 | | | | | | | | | | |
| | | | | | | | | 0.1 | 0.2 | 0.5 | | $\mathfrak{2}$ | 5 | 10 | |

FIGURE 4: Forest plot for recurrent myocardial infraction (MI). High myeloperoxidase showed a trend towards higher risk of recurrent MI (odds ratio 1.23; CI: 0.96-1.57, $P = 0.101$).

(Supplemental Figures [6-8](#page-8-0)). Our Egger's regression test did not show significant risk of publication bias $(P = 0.39$ for all-cause mortality, 0.06 for MACE, and 0.2 for recurrent MI).

4. Discussion

Risk stratification for patients with ACS is an evolving field, and the prognostic role of inflammatory markers such as MPO has not been fully investigated. In this comprehensive systematic review and meta-analysis, we confirm the strong correlation between elevated plasma MPO levels and cardiac outcomes, including mortality, among patients with acute coronary syndrome. More importantly, our results were consistent across multiple study designs and patient characteristics. These results support a potential role for MPO as part of multimarker risk stratification model to guide future individualized therapies to the highest risk population. Future prospective studies examining the prognostic value of MPO in comparison of other biomarkers of inflammation such as high-sensitivity C-reactive protein (hs-CRP) are warranted.

Myocardial injury triggers a series of signaling events to communicate with the bone marrow and peripheral blood cells (PBCs) through processes that are just now being elucidated. After myocardial infarction, circulating inflammatory cells such as neutrophils are a poor prognostic indicator, in part because of their contribution to infarct expansion and

impaired cardiac remodeling, thereby promoting the progression to adverse remodeling and heart failure [[21](#page-9-0), [22](#page-9-0)]. Indeed, this initial injury response may actually confer long-term harm because reduction in the initial recruitment of inflammatory cells can reduce infarct size and prevent cardiac remodeling following cardiac injury [[23\]](#page-10-0). In addition to effects on the myocardium, circulating inflammatory cells following ACS accelerate experimental atherosclerosis in animal models thus initiating a vicious cycle; thus, this type of cycle may contribute to recurrent coronary events in humans [\[24\]](#page-10-0). Therefore, identifying markers of inflammation and inflammatory cell activity can help risk stratify ACS patients and guide future therapies. MPO is a product of inflammatory neutrophils during their degranulation and can aid in the process of clearing dead cells. However, MPO has been linked to atherosclerosis and recurrent coronary events. MPO enhances LDL cholesterol oxidation, hence destabilizes coronary atherosclerotic plaque [[25](#page-10-0)]. Additionally, MPO limits endothelial-derived nitric oxide bioavailability which impairs coronary vessel dilatation and worsens cardiac ischemia [[6](#page-9-0)].

Myeloperoxidase as a prognostic marker in ACS patients has generated conflicting results in clinical studies. The majority of clinical data has confirmed the prognostic value of MPO in predicting mortality [[9,](#page-9-0) [26](#page-10-0)–[29\]](#page-10-0), and our analysis confirmed this correlation to be highly significant. However, although there was strong correlation between MPO levels

before blood samples were withdrawn. ∗Oemrawsingh et al. is a longer follow-up report of Baldus et al.'s study; the study's subjects received heparin before blood samples were withdrawn. Baldus et al. s study; the study s subjects received heparin

and other clinical events such as MACE and recurrent myocardial infarction, this association did not reach statistical significance in individual trials or our analysis [\[9,](#page-9-0) [30, 31](#page-10-0)]. There are multiple factors that can explain the lack of this correlation. Some of the studies were underpowered to reach a valid conclusion especially in individual endpoints [[10](#page-9-0), [30,](#page-10-0) [32\]](#page-10-0). Other studies enrolled a heterogeneous population of patients with chest pain (mixture of ACS and non-ACS). Indeed, it has been shown that MPO levels correlate with the severity of ACS pathology [\[33\]](#page-10-0). In accordance with these findings, we found that the prognostic value of MPO was the highest among studies with high proportion of AMI patients [\[10](#page-9-0), [27](#page-10-0)] compared to those with higher percentage of unstable angina subjects [\[29, 34\]](#page-10-0). Additionally, timing of sample collection could have played a role in the variable results since MPO level was significantly higher immediately after STEMI [\[26, 35\]](#page-10-0). Although studies adopted different MPO cutoff values, our analysis was primarily focused on the prognostic value of MPO rather than its absolute value since the included studies used different MPO assays. Therefore, despite the fact that MPO cutoff value was not the same, stratifying patients based on a certain MPO cutoff provided valuable prognostic information in patients with acute coronary syndrome.

We performed additional sensitivity analyses attempting to unify the included studies based on methodology and sample collection. When we focused our analyses on studies that reported using similar methodology, we observed consistent prognostic value of MPO for all endpoints examined. Similarly, we did not see significant interaction between most of the baseline characteristics or time of sample collection and the prognostic value of plasma MPO. Additionally, the predictive value of MPO for all-cause mortality and MACE was consistent in the "one-study-removed" and cumulative analyses suggesting the generalizability of our findings.

There are limitations to our analysis inherent in conducting a meta-analysis using published patient data and the methodological differences among the included studies. Included studies enrolled heterogeneous patient populations and adopted different definition of clinical outcomes which could have influenced the results of the pooled analyses. While we attempted to address this limitation by using comprehensive sensitivity and metaregression analyses, we could have failed to include other clinical parameters that were not reported in the published manuscripts. Furthermore, the sample withdrawal timing was different across the included studies which could have influenced the results; however, there was no significant correlation between the time of sample withdrawal and the prognostic value of MPO for any of the outcomes. Finally, statin therapy, which is known to downregulate MPO expression [\[36\]](#page-10-0), was not reported in most of the included studies, and therefore, we could not conduct sensitivity analysis based on the proportion of patients receiving statin.

This meta-analysis attempted to focus on a homogeneous population of studies with high percentage of ACS patients, thus addressing some of the variability in the literature. Our results have significant implications in clinical practice. Integrating MPO in risk stratification models could have an additional value in identifying patients at higher risk of developing heart failure, recurrent ischemia, and clinical events specially mortality. The predictive value of MPO is more specific in patients with STEMI and high-risk NSTEMI where the damage is higher and more inflammatory cells are more activated [[28](#page-10-0), [37](#page-10-0)].

5. Conclusions

MPO is a powerful prognostic marker for clinical outcomes in patients with acute coronary syndrome. Our results advocate for more comprehensive risk assessment tools that incorporate MPO to more personalized medical and invasive management for patients with ACS. Further studies examining management strategies based on peak MPO level are needed to assess the clinical utility of this novel biomarker.

Disclosure

Part of this work was presented at the Basic Cardiovascular Sciences annual meeting in 2015.

Conflicts of Interest

The authors declare that there is no conflict of interests regarding the publication of this article.

Authors' Contributions

Andrew R. Kolodziej and Mohamed Abo-Aly contributed equally to this manuscript.

Acknowledgments

Dr. Abdel-Latif is supported by the University of Kentucky COBRE Early Career Program (P20 GM103527) and the NIH Grant R01 HL124266.

Supplementary Materials

Supplemental Table 1: (A) MEDLINE search strategy. (B) Scopus search strategy. Supplemental Table 2: the definition of major adverse cardiac events of the included studies in the meta-analysis. Supplemental Table 3: assessment of the quality of the included studies using the Newcastle-Ottawa quality assessment scale. Supplemental Figure 1: metaregression for risk factors of mortality. *X* axis represents the observed effect size of studies. *Y* is the metaregression coefficient. Age (*Y* = −0 12; *P* = 0 32). Female (-8.61; *P* = 0 0048). ACS (*Y* = −0 071; *P* = 0 94). DM (*Y* = 3 522; *P* = 0 32). Hypertension ($Y = -0.20$; $P = 0.911$). Smoking ($Y = 1.44$; $P = 0.55$). Supplemental Figure 2: metaregression for risk factors of major adverse cardiac events. *X* axis represents the observed effect size of studies. *Y* is the metaregression coefficient. Age (*Y* = −0 112; *P* = 0 28). Female (-3.15; *P* = 0 301). ACS (*Y* = −0 22; *P* = 0 897). DM (*Y* = −0 353; *P* = 0 89). Hypertension ($Y = -0.74$; $P = 0.785$). Smoking ($Y = 2.04$; $P = 0.28$). Supplemental Figure 3: metaregression for risk factors of recurrent myocardial infraction. *X* axis represents the observed effect size of studies. *Y* is the metaregression

coefficient. Age (*Y* = −0 03; *P* = 0 68). Female (-2.23; *P* = 0.06). ACS ($\bar{Y} = -0.11$; $P = 0.89$). DM ($Y = 2.0$; $P = 0.286$). Hypertension (*Y* = 1.13; *P* = 0.37). Smoking (*Y* = 4.8; *P* = 0 204). Supplemental Figure 4: forest plot displays sensitivity analysis using the one-study-removed method. High myeloperoxidase is significantly associated with mortality (odds ratio 2.040; 95% confidence interval (CI): 1.405-2.960, *P* = 0 000). High MPO showed a trend for developing major adverse cardiac events (odds ratio 1.421; 95% confidence interval (CI): $1.010 - 1.999$, $P = 0.044$) and recurrent MI (odds ratio 1.241; 95% confidence interval (CI): 0.996-1.545, *P* = 0 054). Supplemental Figure 5: forest plot displays cumulative meta-analysis. High myeloperoxidase is significantly associated with mortality (odds ratio 2.040; 95% confidence interval (CI): 1.405-2.960, $P = 0.000$). High MPO showed a trend for developing major adverse cardiac events (odds ratio 1.421; 95% confidence interval (CI): 1.010-1.999, *P* = 0 044) and recurrent MI (odds ratio 1.241; 95% confidence interval (CI): 0.996-1.545, *P* = 0.054). Supplemental Figure 6: funnel plot of all studies included in the metaanalysis. The standard error (SE) of the log odds ratio of each study was plotted against the odds ratio for mortality. No skewed distribution was observed, suggesting no publication bias. Supplemental Figure 7: funnel plot of all studies included in the meta-analysis. The standard error (SE) of the log odds ratio of each study was plotted against the odds ratio for major adverse cardiac events. No skewed distribution was observed, suggesting no publication bias. Supplemental Figure 8: funnel plot of all studies included in the meta-analysis. The standard error (SE) of the log odds ratio of each study was plotted against the odds ratio for recurrent myocardial infraction. No skewed distribution was observed, suggesting no publication bias. [\(Supplementary Materials\)](http://downloads.hindawi.com/journals/mi/2019/2872607.f1.pdf)

References

- [1] WHO | Cardiovascular diseases (CVDs), WHO, 2017, [http://](http://www.who.int/en/news-room/fact-sheets/detail/cardiovascular-diseases-(cvds)) [www.who.int/en/news-room/fact-sheets/detail/cardiovascular](http://www.who.int/en/news-room/fact-sheets/detail/cardiovascular-diseases-(cvds))[diseases-\(cvds\)](http://www.who.int/en/news-room/fact-sheets/detail/cardiovascular-diseases-(cvds)).
- [2] E. M. Antman, M. J. Tanasijevic, B. Thompson et al., "Cardiacspecific troponin I levels to predict the risk of mortality in patients with acute coronary syndromes," The New England Journal of Medicine, vol. 335, no. 18, pp. 1342–1349, 1996.
- [3] C. Gabay and I. Kushner, "Acute-phase proteins and other systemic responses to inflammation," The New England Journal of Medicine, vol. 340, no. 6, pp. 448–454, 1999.
- [4] A. Buffon, L. M. Biasucci, G. Liuzzo, G. D'Onofrio, F. Crea, and A. Maseri, "Widespread coronary inflammation in unstable angina," The New England Journal of Medicine, vol. 347, no. 1, pp. 5–12, 2002.
- [5] S. J. Nicholls and S. L. Hazen, "Myeloperoxidase and cardiovascular disease," Arteriosclerosis, Thrombosis, and Vascular Biology, vol. 25, no. 6, pp. 1102–1111, 2005.
- [6] J. P. Eiserich, S. Baldus, M. L. Brennan et al., "Myeloperoxidase, a leukocyte-derived vascular NO oxidase," Science, vol. 296, no. 5577, pp. 2391–2394, 2002.
- [7] P. Dutta and M. Nahrendorf, "Monocytes in myocardial infarction," Arteriosclerosis, Thrombosis, and Vascular Biology, vol. 35, no. 5, pp. 1066–1070, 2015.
- [8] S. Epelman, P. P. Liu, and D. L. Mann, "Role of innate and adaptive immune mechanisms in cardiac injury and repair," Nature Reviews Immunology, vol. 15, no. 2, pp. 117–129, 2015.
- [9] K. M. Eggers, M. Dellborg, N. Johnston et al., "Myeloperoxidase is not useful for the early assessment of patients with chest pain," Clinical Biochemistry, vol. 43, no. 3, pp. 240–245, 2010.
- [10] M. G. Kaya et al., "Potential role of plasma myeloperoxidase level in predicting long-term outcome of acute myocardial infarction," Texas Heart Institute Journal, vol. 39, no. 4, pp. 500–506, 2012.
- [11] D. Moher, A. Liberati, J. Tetzlaff, D. G. Altman, and PRISMA Group, "Preferred reporting items for systematic reviews and meta-analyses: the PRISMA statement," Annals of Internal Medicine, vol. 151, no. 4, pp. 264–269, 2009.
- [12] E. M. Antman et al., "ACC/AHA guidelines for the management of patients with ST-elevation myocardial infarction–executive summary: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (Writing Committee to Revise the 1999 Guidelines for the Management of Patients with Acute Myocardial Infarction)," Circulation, vol. 110, no. 5, pp. 588–636, 2004.
- [13] E. Antman, J.-P. Bassand, W. Klein et al., "Myocardial infarction redefined—a consensus document of The Joint European Society of Cardiology/American College of Cardiology committee for the redefinition of myocardial infarction," Journal of the American College of Cardiology, vol. 36, no. 3, pp. 959– 969, 2000.
- [14] S. Mendis, K. Thygesen, K. Kuulasmaa et al., "World Health Organization definition of myocardial infarction: 2008-09 revision," International Journal of Epidemiology, vol. 40, no. 1, pp. 139–146, 2011.
- [15] A. Stang, "Critical evaluation of the Newcastle-Ottawa scale for the assessment of the quality of nonrandomized studies in meta-analyses," European Journal of Epidemiology, vol. 25, no. 9, pp. 603–605, 2010.
- [16] R. DerSimonian and N. Laird, "Meta-analysis in clinical trials," Controlled Clinical Trials, vol. 7, no. 3, pp. 177–188, 1986.
- [17] T. B. Huedo-Medina, et al.J. Sánchez-Meca, F. Marín-Martínez, and J. Botella, "Assessing heterogeneity in metaanalysis: Q statistic or I^2 index?," Psychological Methods, vol. 11, no. 2, pp. 193–206, 2006.
- [18] J. P. Higgins, S. G. Thompson, J. J. Deeks, and D. G. Altman, "Measuring inconsistency in meta-analyses," BMJ, vol. 327, no. 7414, pp. 557–560, 2003.
- [19] M. Egger, G. D. Smith, M. Schneider, and C. Minder, "Bias in meta-analysis detected by a simple, graphical test," BMJ, vol. 315, no. 7109, pp. 629–634, 1997.
- [20] Cochrane Bias Methods Group, Cochrane Statistical Methods Group, J. P. T. Higgins, D. G. Altman et al., "The Cochrane Collaboration's tool for assessing risk of bias in randomised trials," BMJ, vol. 343, no. oct18 2, p. d5928, 2011.
- [21] Y. Maekawa, T. Anzai, T. Yoshikawa et al., "Prognostic significance of peripheral monocytosis after reperfused acute myocardial infarction:a possible role for left ventricular remodeling," Journal of the American College of Cardiology, vol. 39, no. 2, pp. 241–246, 2002.
- [22] P. Panizzi, F. K. Swirski, J. L. Figueiredo et al., "Impaired infarct healing in atherosclerotic mice with Ly-6Chi monocytosis," Journal of the American College of Cardiology, vol. 55, no. 15, pp. 1629–1638, 2010.
- [23] Y. Zouggari, H. Ait-Oufella, P. Bonnin et al., "B lymphocytes trigger monocyte mobilization and impair heart function after acute myocardial infarction," Nature Medicine, vol. 19, no. 10, pp. 1273–1280, 2013.
- [24] P. Dutta, G. Courties, Y. Wei et al., "Myocardial infarction accelerates atherosclerosis," Nature, vol. 487, no. 7407, pp. 325–329, 2012.
- [25] A. C. Carr, M. R. McCall, and B. Frei, "Oxidation of LDL by myeloperoxidase and reactive nitrogen species: reaction pathways and antioxidant protection," Arteriosclerosis, Thrombosis, and Vascular Biology, vol. 20, no. 7, pp. 1716–1723, 2000.
- [26] C. Koch, M. Henrich, and M. C. Heidt, "Sequential analysis of myeloperoxidase for prediction of adverse events after suspected acute coronary ischemia," Clinical Cardiology, vol. 37, no. 12, pp. 744–749, 2014.
- [27] T. J. Mocatta, A. P. Pilbrow, V. A. Cameron et al., "Plasma concentrations of myeloperoxidase predict mortality after myocardial infarction," Journal of the American College of Cardiology, vol. 49, no. 20, pp. 1993–2000, 2007.
- [28] L. T. Chang, S. Chua, J. J. Sheu et al., "Level and prognostic value of serum myeloperoxidase in patients with acute myocardial infarction undergoing primary percutaneous coronary intervention," Circulation Journal, vol. 73, no. 4, pp. 726–731, 2009.
- [29] B. M. Scirica, M. S. Sabatine, P. Jarolim et al., "Assessment of multiple cardiac biomarkers in non-ST-segment elevation acute coronary syndromes: observations from the MERLIN-TIMI 36 trial," European Heart Journal, vol. 32, no. 6, pp. 697–705, 2011.
- [30] T. Brügger-Andersen, H. Aarsetøy, H. Grundt, H. Staines, and D. W. T. Nilsen, "The long-term prognostic value of multiple biomarkers following a myocardial infarction," Thrombosis Research, vol. 123, no. 1, pp. 60–66, 2008.
- [31] F. S. Apple, L. A. Pearce, A. Chung, R. Ler, and M. M. Murakami, "Multiple biomarker use for detection of adverse events in patients presenting with symptoms suggestive of acute coronary syndrome," Clinical Chemistry, vol. 53, no. 5, pp. 874–881, 2007.
- [32] M. M. Rahman, M. M. Alam, N. A. Jahan, J. S. Shila, and M. I. Arslam, "Prognostic role of multiple cardiac biomarkers in newly diagnosed acute coronary syndrome patients," Mymensingh Medical Journal, vol. 25, no. 2, pp. 326–333, 2016.
- [33] G. Ndrepepa, S. Braun, J. Mehilli, N. von Beckerath, A. Schömig, and A. Kastrati, "Myeloperoxidase level in patients with stable coronary artery disease and acute coronary syndromes," European Journal of Clinical Investigation, vol. 38, no. 2, pp. 90–96, 2008.
- [34] S. Baldus, C. Heeschen, T. Meinertz et al., "Myeloperoxidase serum levels predict risk in patients with acute coronary syndromes," Circulation, vol. 108, no. 12, pp. 1440–1445, 2003.
- [35] L. Nilsson, J. Hallén, D. Atar, L. Jonasson, and E. Swahn, "Early measurements of plasma matrix metalloproteinase-2 predict infarct size and ventricular dysfunction in ST-elevation myocardial infarction," Heart, vol. 98, no. 1, pp. 31–36, 2011.
- [36] A. P. Kumar and W. F. Reynolds, "Statins downregulate myeloperoxidase gene expression in macrophages," Biochemical and Biophysical Research Communications, vol. 331, no. 2, pp. 442–451, 2005.
- [37] C. J. McCann, B. M. Glover, I. B. A. Menown et al., "Prognostic value of a multimarker approach for patients presenting to hospital with acute chest pain," The American Journal of Cardiology, vol. 103, no. 1, pp. 22–28, 2009.
- [38] E. Cavusoglu, C. Ruwende, C. Eng et al., "Usefulness of baseline plasma myeloperoxidase levels as an independent predictor of myocardial infarction at two years in patients presenting with acute coronary syndrome," The American Journal of Cardiology, vol. 99, no. 10, pp. 1364–1368, 2007.
- [39] D. A. Morrow, M. S. Sabatine, M. L. Brennan et al., "Concurrent evaluation of novel cardiac biomarkers in acute coronary syndrome: myeloperoxidase and soluble CD40 ligand and the risk of recurrent ischaemic events in TACTICS-TIMI 18," European Heart Journal, vol. 29, no. 9, pp. 1096–1102, 2008.
- [40] R. M. Oemrawsingh, T. Lenderink, K. M. Akkerhuis et al., "Multimarker risk model containing troponin-T, interleukin 10, myeloperoxidase and placental growth factor predicts long-term cardiovascular risk after non-ST-segment elevation acute coronary syndrome," Heart, vol. 97, no. 13, pp. 1061– 1066, 2011.

The Scientifc [World Journal](https://www.hindawi.com/journals/tswj/)

www.hindawi.com Volume 2018 [Research and Practice](https://www.hindawi.com/journals/grp/)

www.hindawi.com Volume 2018

www.hindawi.com Volume 2018

www.hindawi.com Volume 2018 [Oxidative Medicine and](https://www.hindawi.com/journals/omcl/) Cellular Longevity